



JOHN HUNT PUBLISHING

CATALOGUE

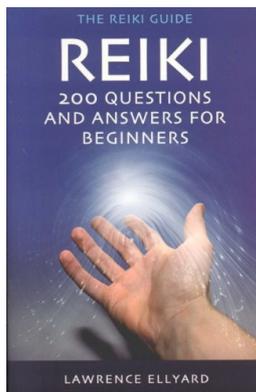
Top 10 Bestsellers – Reiki

(Revised March 2021)

3	AYNI BOOKS
6	ORDER FORM
7	DISTRIBUTION INFORMATION

*Format is H8.5xW5.5 inches/H216xW140mm unless otherwise stated.

*Publication is always on the last Friday of the month except December when it may vary.



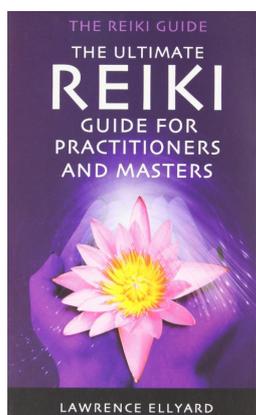
Reiki: 200 Q&A for Beginners

Lawrence Ellyard

If you've ever wondered what Reiki is all about, all your questions are answered in one handy volume. A complete guide to the way and practice of Reiki, each chapter is categorised by topics.

"This is a 'must-have' guide for the student of Reiki or for anyone interested in learning Reiki or indeed just receiving Reiki distant healing. It is a book with a multitude of uses." **Living Traditions**

AYNI BOOKS; 2006-04-27; Questions & Answers/Energy (Qigong, Reiki, Polarity); Pb-9781905047475, \$24.95/£12.99, 208pp, 5.5x8.5inches / 5.5x8.5mm.



Ultimate Reiki Guide

Lawrence Ellyard

Find here all the information you need to become a teacher of Reiki. Learn how to run classes with all the practical skills you need to teach and embody its spiritual path. *The Ultimate Guide* will show you how to truly walk the Reiki path with humility, healing and wisdom.

"Everything you will ever need to know about setting up a professional, successful and rewarding Reiki practice, from working with clients to teaching Reiki yourself." **Steve Gooch, author of Reiki Jin-Kei Do**

AYNI BOOKS; 2006-04-28; Handbooks & Manuals/Reference/Energy (Qigong, Reiki, Polarity); .



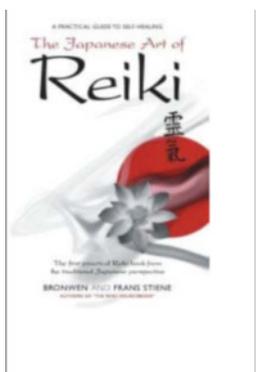
Reiki Jin Kei Do

Steve Gooch

Set to fundamentally reshape the way that we think about Reiki as a healing method, this book is a must read for anyone seriously interested in this unique path to self perfection and liberation.

"A detailed, clear and fascinating insight into the world of Reiki. Excellent for beginners and particularly relevant to experienced practitioners looking to expand their understanding and experience of Reik." **David Vennells, author of Reiki Mastery and Reiki for Beginners**

AYNI BOOKS; 2006-09-29; Reference/Energy (Qigong, Reiki, Polarity); Pb-9781905047857, \$21.95/£12.99, 240pp, 5.5x8.5inches / 216x140mm, Ebk-9781780999425, \$12.99/£7.99.



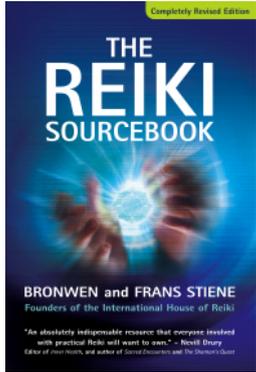
Japanese Art of Reiki

Bronwen Stiene & Frans Stiene

The first practical Reiki book from the traditional Japanese perspective. This fully-illustrated book traces the systems evolution from a spiritual self-development system to a direct hands-on practice.

"The first Reiki book of its kind to look at the fundamentals of the system of Reiki from a Japanese perspective. Perfect for those wanting to learn about Reiki from a traditional approach and for those who would like to find more depth I their current Reiki practise. Your mind, body and spirit will enjoy this special journey together." **Li Yong, Qi Gong Master and celebrated Chinese author**

AYNI BOOKS; 2005-04-21; Personal & Practical Guides/Reference/Energy (Qigong, Reiki, Polarity); Pb-9781905047024, \$19.95/£12.99, 208pp, 5.5x8.5inches / 5.5x8.5mm, Ebk-9781846946400, \$11.99/£7.99.

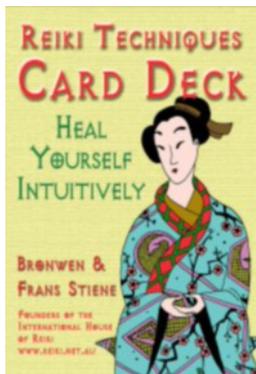


Reiki Sourcebook (revised ed.), The Bronwen Stiene & Frans Stiene

The definitive manual for teacher, student and general reader alike. The most comprehensive book on the system of Reiki ever published, this book will become an invaluable asset for Reiki novices, students and teachers alike.

"The Reiki Sourcebook is a great general resource that should be on every Reiki practitioner's bookshelf. Topics explored range from basic information and the history of Reiki through courses and an explanation of the complexity of lineages to specific Japanese and Western Reiki techniques." **Tami Brady, TCM Reviews**

AYNI BOOKS; 2009-01-30; Handbooks & Manuals/Energy (Qigong, Reiki, Polarity); Pb-9781846941818, \$24.95/£12.99, 448pp, 5.5x8.5inches / 5.5x8.5mm, Ebk-9781846946486, \$14.99/£7.99.

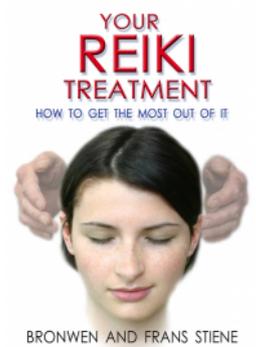


Reiki Techniques card deck Bronwen Stiene & Frans Stiene

You do not need to be a Reiki practitioner to benefit from this unusual healing card deck. Everyone has the ability to initiate self-healing, it is our birthright.

"Bronwen and Frans Stienes Reiki Techniques Card Deck can be used by anyone, not only those attuned to Reiki...I loved this deck the moment I held it in my hands. Two days after I received it, I incorporated it into my Reiki study group. I will also be using the cards in my Shoden (first degree) Reiki Class as it is an invaluable tool to aid you on your path to self-healing." **Lisa Chapman-Sorci, Reiki and Meditation Teacher - California USA**

AYNI BOOKS; 2006-06-29; ; .

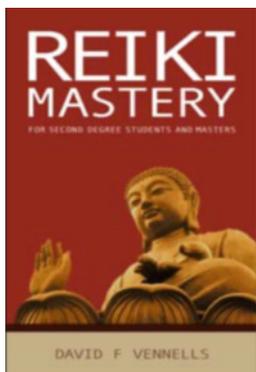


Your Reiki Treatment Bronwen Stiene & Frans Stiene

Your Reiki Treatment is an excellent guide to everything about Reiki treatments for both clients and professional practitioners. Included are explanatory case studies, tips and research in an "easy to find" format.

"Bronwen and Frans are to be congratulated on creating this very grounded guide that will aid the work of integrating Reiki into the 21st century and the growing field of Integrated Medicine. This book will aid the therapist to work effectively and most importantly help safeguard the all important patient." **Angie Buxton-King, author of The NHS Healer**

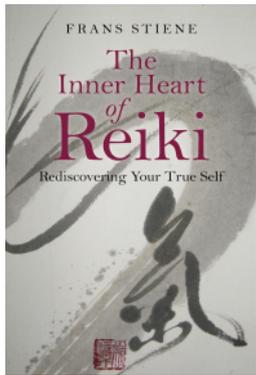
AYNI BOOKS; 2007-03-30; Energy (Qigong, Reiki, Polarity)/Reference; Pb-9781846940132, \$19.95/£9.99, 196pp, 5.5x8.5inches / 216x140mm.



Reiki Mastery David Vennells

Reiki has many levels and forms, and has evolved from the pure, "original" practice of its Buddhist founder, Dr. Mikao Usui. Reiki is about "facing the mirror," the inner mirror of our own mind. As we progress with our spiritual practice we can begin to clean away the layers of misconception that colour the way we view ourselves, others and the world around us.

AYNI BOOKS; 2003-12-04; Reference/Energy (Qigong, Reiki, Polarity); Pb-9781903816707, \$19.95/£11.99, 192pp, 5.5x8.5inches / 5.5x8.5mm.



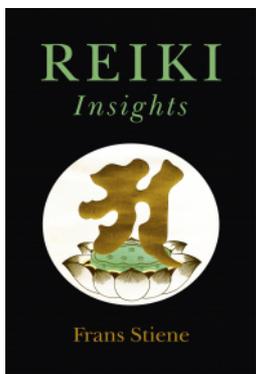
Inner Heart of Reiki, The

Frans Stiene

The Inner Heart of Reiki is the first Reiki book to look at the inner heart of the spiritual teachings of the system of Reiki.

"This is a must-read for all students of the system of Reiki. Frans, through his research and practice has peeled away the myths about the system of Reiki and gives us a clear understanding of the Reiki Journey. He also shows how meditation practice is a fundamental part of the system. This book is just what the Reiki world needs, written by someone who walks his talk." **Helen Galpin, co-founder British School of Meditation**

AYNI BOOKS; 2015-10-30; Eastern/Alternative Therapies/Energy (Qigong, Reiki, Polarity); Pb-9781785350559, \$16.95/£9.99, 208pp, 8.5x5.5inches / 216x140mm, Ebk-9781785350566, \$10.99/£5.99.



Reiki Insights

Frans Stiene

"...speaks to our true journey, our true home, our true place in this amazing world. Frans shows us that the path to the horizon is clear, cloudless and doable. There is only truth and kindness. Frans has come to this conclusion by investigation and living deeply in the tradition, but he keeps it simple by staying with the intention Mikao Usui knew was the true way. This book is a blessing for me and a light that I can share." **Betty Leigh, actress, House of Cards**

AYNI BOOKS; 2018-06-29; Alternative Therapies/Energy (Qigong, Reiki, Polarity)/Mindfulness & Meditation; Pb-9781785357350, \$18.95/£11.99, 248pp, 8.5x5.5inches / 216x140mm, Ebk-9781785357367, \$9.99/£5.99.

To see a wider selection of books across all our imprints
please visit johnhuntpublishing.com



AYNI BOOKS

	9781905047475	Reiki: 200 Q&A for Beginners	Lawrence Ellyard	\$24.95	£12.99
	9781905047475	Ultimate Reiki Guide for Beginners	Lawrence Ellyard	\$24.95	£12.99
	9781905047857	Reiki Jin Kei Do	Steve Gooch	\$21.95	£12.99
	9781905047024	Japanese Art of Reiki	Bronwen Stiene & Frans Stiene	\$19.95	£12.99
	9781846941818	Reiki Sourcebook (revised ed.), The	Bronwen Stiene & Frans Stiene	\$24.95	£12.99
	9781846941818	Reiki Techniques card deck	Bronwen Stiene & Frans Stiene	\$24.95	£12.99
	9781846940132	Your Reiki Treatment	Bronwen Stiene & Frans Stiene	\$19.95	£9.99
	9781903816707	Reiki Mastery	David Vennells	\$19.95	£11.99
	9781785350559	Inner Heart of Reiki, The	Frans Stiene	\$16.95	£9.99
	9781785357350	Reiki Insights	Frans Stiene	\$18.95	£11.99



Browse our catalogues and sign up to newsletters at: www.johnhuntpublishing.com

All our books are available in print and ebook from our distributors or through our sales teams:

American distribution:

NBN customercare@nbnbooks.com / 1 800 462 6420

US sales:

NBN sales team <http://www.nbnbooks.com/booksellers/find-your-rep>

Canada sales:

NBN Canada lpetriw@nbnbooks.com / 1 (416) 534-1660

UK and European distribution:

John Wiley & Sons Ltd customer@wiley.com / 44 1243 843291

UK sales:

Quantum quantumjames@btinternet.com / 01524 222512

Europe ex UK including Ireland sales:

Durnell Marketing orders@durnell.co.uk / 44 1892 544272

Asia sales:

Publishers International Marketing chris@pim-uk.com / 44 1202 896210

Australia:

Brumby Sunstate orders@brumbysunstate.com.au / 61 7 3255 5552



JOHN HUNT PUBLISHING

www.johnhuntpublishing.com