



JOHN HUNT PUBLISHING

CATALOGUE

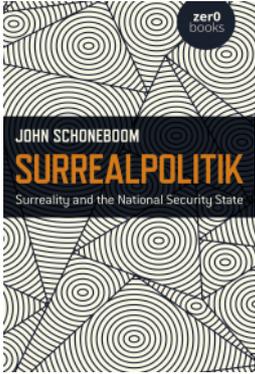
July - December 2022



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*Format is H8.5xW5.5 inches/H216xW140mm unless otherwise stated.

*Publication is always on the last Friday of the month except December when it may vary.

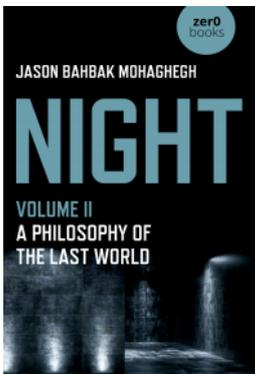


Surrealpolitik

John Schoneboom

Our times are not just weird, but literally surreal: we live in a paranoid, increasingly authoritarian culture in which the real, the presumed and the purported are indistinguishable strands of a dense hallucinatory web of mediated spectacles. Surrealpolitik takes up cultural theorist Mark Fisher's challenge to expose capitalist realism's 'realism' as nothing of the sort.

Zer0 Books; 2022-09-30; Political Ideologies (General)/Popular Culture/Comparative Politics; Pb-9781785359491, \$14.95/£10.99, 152pp, 8.5x5.5 inches / 216x140mm, Ebk-9781785359507, \$11.99/£8.99.



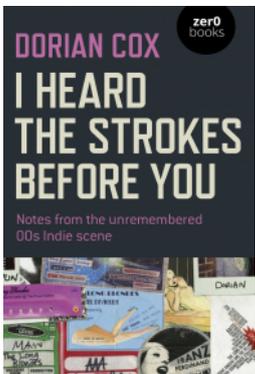
Night, Volume II

Jason Bahbak Mohaghegh

This book follows and expands on the boundaries of its precursor *Night: A Philosophy of the After-Dark* by presenting a series of new conceptual territories, figures, sources, images and imaginative possibilities. The central idea of Night is contemplated in its intricate relation to space, silence, cruelty and secrecy while also taking thought toward the futural limits of a vision of the last world.

'There are always—by twists of fate—deviant exceptions. Mohaghegh's Night: A Philosophy of the Last World is precisely one of such exceptions.' **Reza Negarestani, author of Cyclonopedia**

Zer0 Books; 2022-09-30; Metaphysics/Modern (General)/Criticism; Pb-9781789049411, \$14.95/£10.99, 144pp, 8.5x5.5inches / 216x140mm, Ebk-9781789049428, \$11.99/£7.99.



I Heard The Strokes Before You

Dorian Cox

After flying back from LA and collapsing in a hotel room, Dorian joined the 27 Club for a few minutes, before coming back to the real world... with a bouquet of flowers sent by Duran Duran. Here he trawls his diaries to bring you the unvarnished stories from the heart of the Indie scene. A cross between The Dirt by Motley Crue and The Kenneth Williams Diaries.

'A giddy, chaotic and moving book about a great group in a terrible time - a must for anyone who ever cried into their eyeliner listening to Dusty Springfield at 4am after a night out at Trash.' **Owen Hatherley, author of Trans-Europe Express and Landscapes of Communism, Culture Editor of Tribune.**

Zer0 Books; 2022-10-28; Genres & Styles (General)/Philosophy & Social Aspects/Pop Vocal; Pb-9781785352157, \$26.95/£17.99, 360pp, 8.5x5.5inches / 216x140mm, Ebk-9781785352164, \$21.99/£13.99.

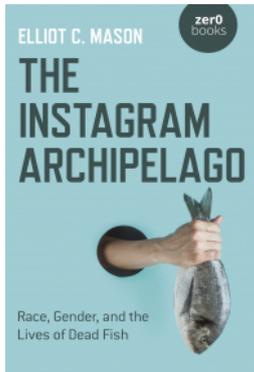


Education Revolution

Sam Shain

'We live in a deeply unjust and unequal society. High school students are bombarded with propaganda to justify the status quo, from the reassuring fairy tales about capitalism in their economics classes to textbooks in their U.S. History classes that are splattered with more pictures of eagles and slowly waving flags than the signs at a Trump rally. Sam Shain understands how important it is to equip these students with the reasoning tools they can use to think for themselves and see through all the nonsense. We need about 10,000 more of him.' **Ben Burgis, author of Give Them an Argument**

Zer0 Books; 2022-09-30; Educational Policy & Reform (General)/Political Ideologies (General)/Popular Culture; Pb-9781785353116, \$17.95/£11.99, 168pp, 8.5x5.5inches / 216x140mm, Ebk-9781785353611, \$13.99/£9.99.



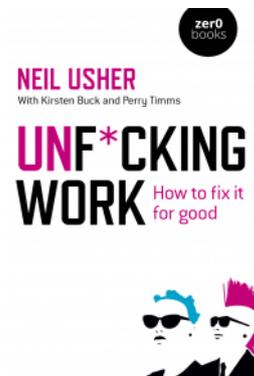
Instagram Archipelago, The

Elliot C. Mason

The Instagram Archipelago brings radical antiracist and feminist scholarship to a general audience, applying a model of thinking beyond gender and race to the strange world of online fishing photos. This funny and fascinating book moves past the liberal celebration of gender and race, towards a tiny island of resistance in a growing archipelago.

'By way of a personal response to Idan Hayosh's deeply weird images, Elliot C. Mason has conjured a bracingly witty, original and lyrical meditation on architecture, fishing, bikinis and the possibility of escape from the 'eclipsing wetness' of our homogenizing neoliberal culture.' **Josh Cohen**

Zer0 Books; 2022-09-30; Criticism/Black Studies (Global)/Feminist; Pb-9781782798279, \$20.95/£13.99, 216pp, 8.5x5.5inches / 216x140mm, Ebk-9781782798286, \$16.99/£10.99.

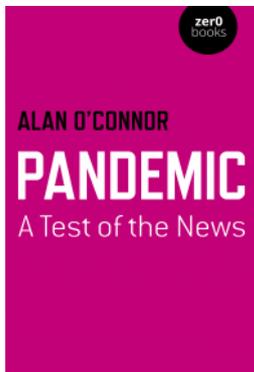


Unf*cking Work

Neil Usher

Every journey starts with the realization that we don't have to take any more of this crap. The world of work – and all that's wrong with it – is dominated by 12 statements. We hear them every day. We utter them at will. But they're all garbage. What if we said – no more? This is the business book for everyone who can't bear to read business books. Which is most of us.

Zer0 Books; 2022-09-30; Workplace Culture/Management/Organizational Development; Pb-9781785359514, \$20.95/£13.99, 216pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359521, \$16.99/£10.99.



Pandemic: A Test of the News

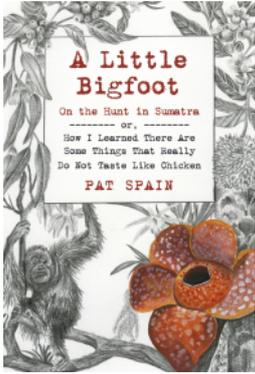
Alan O'Connor

This book argues against the rapidly expanding literature about misinformation during the Covid-19 pandemic - and that the real issues are much broader. Mainstream news media, except Fox News, has generally done a good job in educating people about the basic facts and precautions to be taken. *Pandemic: A Test of the News* identifies the mainframes used to tell the media story.

'This is exactly the kind of news analysis that we need.' **Mike Davis, author of The Monster Enters**

Zer0 Books; 2022-10-28; Media Studies/Media & Internet; Pb-9781803410081, \$14.95/£9.99, 104pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410098, \$11.99/£7.99.

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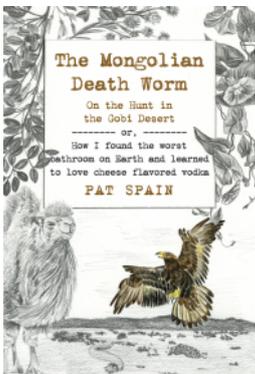
Little Bigfoot, A: On the Hunt in Sumatra

Pat Spain

On the Hunt in Sumatra details the two weeks Pat spent soaking wet with a National Geographic film crew tracking the legendary Orang Pendak through the forests of Indonesia, while tigers, leeches, amorous orangutans, Coldplay fans, a guide named Uncle Happy, two shaman, car demons, and rogue cameramen tracked them. It is, without a doubt, the most inhospitable terrain Pat's ever encountered, with the highest likelihood of grievous bodily harm. But the payoff is the theory he reached about Orang Pendak, and a 5 a.m. EDM Tai Chi party.

'A true page-turner!' **Haley Chamberlain Nelson, Science Journalist**

6th Books; 2022-12-09; Regional/Adventure/West; Pb-9781789046052, \$14.95/£10.99, 128pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046069, \$11.99/£8.99.



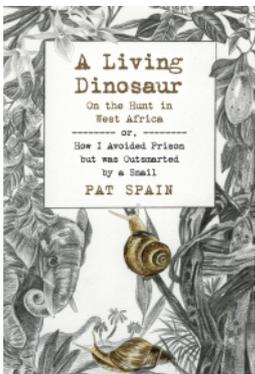
Mongolian Death Worm, The: On the Hunt in the Gobi Desert

Pat Spain

Pat Spain ingested toxic "foods", made a name for himself in traditional Mongolian wrestling, and experienced the worst bathroom on Earth for this book.

'Pat Spain is that rare thing; a rationalist who still embraces the possible and knows that there are more things in heaven and earth than are dreamt of. A grown-up who has lost none of the childhood wonder and curiosity that makes the world magical. A scientist who keeps an open mind and rejoices in the fact that absence of proof is not proof of absence. Buckle up and prepare for adventures.' **Harry Marshall, Chairman and Co-Founder of Icon Films**

6th Books; 2022-12-09; Asia (General)/Adventure/HUMOR (General); Pb-9781789046502, \$14.95/£10.99, 144pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046519, \$11.99/£8.99.



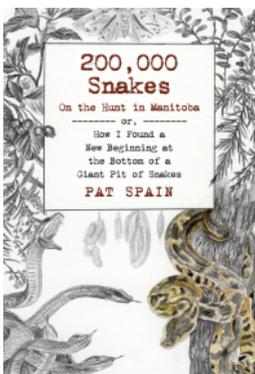
Living Dinosaur, A: On the Hunt in West Africa

Pat Spain

On the Hunt in West Africa finds Bostonian Pat Spain, an inexperienced but enthusiastic traveler and wildlife biologist, on the first shoot of his new National Geographic TV series in Cameroon, the Congo, and the Central African Republic.

'Spain's book is a fascinating and hilarious romp through some of the wildest places on Earth. Strap on your seatbelt (if you're lucky enough to have one) and join the ride!' **Lyle Blackburn, author of The Beast of Boggy Creek**

6th Books; 2022-12-09; West/Adventure/Regional; Pb-9781789046564, \$14.95/£10.99, 152pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046571, \$11.99/£8.99.



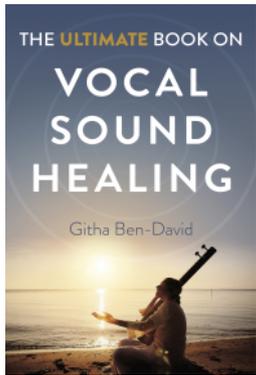
200,000 Snakes: On the Hunt in Manitoba

Pat Spain

On the Hunt in Manitoba is the darkly comedic story of how Pat became a wildlife TV host, lost his dream job, almost lost his life and came back from the depths the only way he knew how - covered in 200,000 snakes.

'Pat Spain is that rare thing; a rationalist who still embraces the possible and knows that there are more things in heaven and earth than are dreamt of. A grown-up who has lost none of the childhood wonder and curiosity that makes the world magical. A scientist who keeps an open mind and rejoices in the fact that absence of proof is not proof of absence. Buckle up and prepare for adventures.' **Harry Marshall, Chairman and Co-Founder of Icon Films**

6th Books; 2022-12-09; Prairie Provinces (MB, SK)/Canada (General)/Adventure; Pb-9781789046489, \$14.95/£10.99, 144pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046496, \$11.99/£8.99.



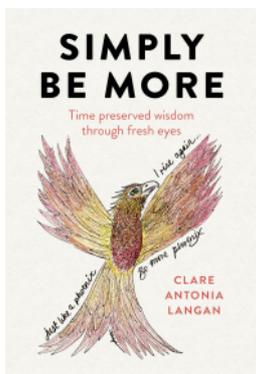
Ultimate Book on Vocal Sound Healing, The Githa Ben-David

The concept of *The Ultimate Book on Vocal Sound Healing* is The Note from Heaven - a condition of bliss, where time disappears and the voice seems to sing you, rather than you sing the voice.

The experience of surrendering to The Note from Heaven is overwhelming and leads the singer into a state of Oneness, where present, past and future merge together and energetic patterns and traumas can be transformed and profound healings happen.

"A very important contribution, indeed a gift, for people who want to exercise their innate power to experience wholeness." **Richard Moss, physician, author and spiritual teacher**

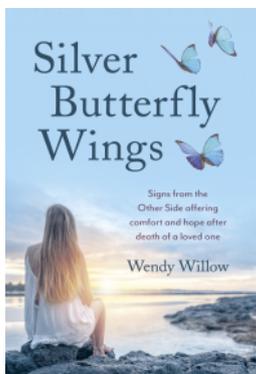
O-BOOKS; 2022-11-25; Healing/Healing (General)/Personal Growth (General); Pb-9781789048629, \$34.95/£24.99, 552pp, 8.5x5.5inches / 216x140mm, Ebk-9781789048636, \$16.99/£11.99.



Simply Be More Clare Antonia Langan

Simply Be More is a collection of beautiful, inspiring and soothing sketches using animals and nature to illustrate time-preserved wisdom. Life isn't determined by where we have come from; it is where we are going that is important. Clare Langan has lived it - and rather than talked about it, has written it and now drawn it, too.

O-BOOKS; 2022-12-09; Mindfulness & Meditation/Inspiration & Personal Growth/Motivational & Inspirational; Ebk-9781789048063, \$0/£0.

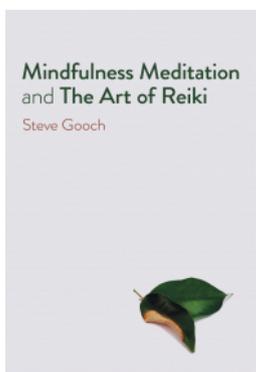


Silver Butterfly Wings Wendy Willow

Silver Butterfly Wings is my story. It's a story of transformation, of the many paths and decisions I faced while going through the process of grief.

'A beautifully written, powerful and sensual account of personal loss and transformation that sweeps the reader from the cruel reality of physical death to the strength of pure and enduring love, heralded by signs and messages of life after life. I felt myself wince, smile, chuckle and hold my breath but I couldn't stop reading!' **Constance C.F. Golden, Ph.D, author of Healing Roots and Leaves of the Heart**

O-BOOKS; 2022-10-28; Spiritualism/Inspiration & Personal Growth/Death, Grief, Bereavement; Pb-9781789049008, \$27.95/£17.99, 424pp, 8.5x5.5inches / 216x140mm, Ebk-9781789049015, \$13.99/£8.99.

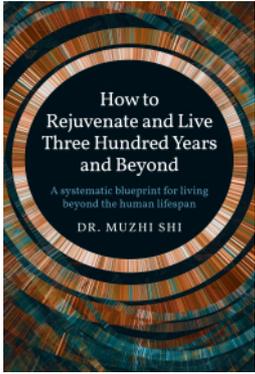


Mindfulness Meditation and The Art of Reiki Steve Robert Gooch

Unpacking the esoteric Buddhist heart of the practice, this book will guide you to a more fulfilling, healthy and spiritually dynamic life by showing you how to approach the system from a mindfulness perspective.

'It's challenged me and reinstalled in me and reignited my passion for the importance of meditation and mindfulness in the system of Reiki. As I'm becoming accustomed, you pull no punches! I really enjoyed it; lots of new learning and powerful practical meditations.' **Pete Grantham, Reiki Master**

AYNI BOOKS; 2022-07-29; Healing (General)/Energy (Qigong, Reiki, Polarity)/Alternative Therapies; Pb-9781789048896, \$20.95/£13.99, 264pp, inches / 216x140mm, Ebk-9781789048902, \$9.99/£6.99.



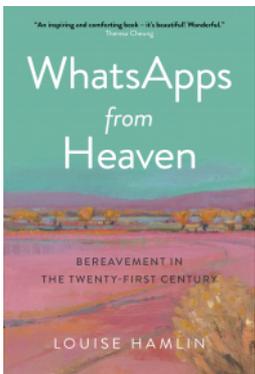
How to Rejuvenate and Live Three Hundred Years and Beyond

Dr. Muzhi Shi

Is it possible to live forever? Is immortality within reach of science and scientific breakthroughs? In *How to Rejuvenate and Live Three Hundred Years and Beyond*, world-class scientist Dr. Muzhi Shi discloses through philosophical discourse his systematic blueprint for living beyond today's human lifespan

'This book is an engaging guide full of important and exciting information for those who want to have a longer life. Dr. Shi has illustrated a distinct and exciting panorama to unveil longevity. If you want to know more about a longer life, this book is a definitive account.' **Christina Ho, pulmonary specialist**

AYNI BOOKS; 2022-12-09; Biomedical/Healthy Living/Longevity; Pb-9781789049558, \$18.95/£11.99, 224pp, 8.5x5.5inches / 216x140mm, Ebk-9781789049565, \$8.99/£5.99.



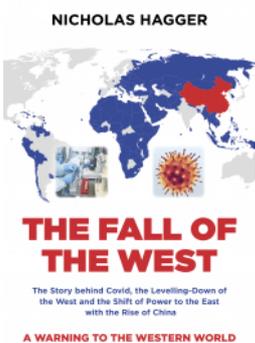
WhatsApps from Heaven

Louise Hamlin

This is a book about bereavement and also about the many extraordinary happenings and signs from the afterlife that then followed. Louise talks about her personal experience of grief, in all its facets, and in a way that will resonate with readers who are bereaved. It should bring comfort to the bereaved, and will encourage those left behind to recognise signs that are sent to them by their loved ones.

'An inspiring and comforting book - it's beautiful! Wonderful.' **Theresa Cheung**

O-BOOKS; 2022-07-29; Afterlife & Reincarnation/Death, Grief, Bereavement/Healing (General); Pb-9781789049473, \$11.95/£7.99, 112pp, 8.5x5.5inches / 216x140mm, Ebk-9781789049480, \$5.99/£3.99.

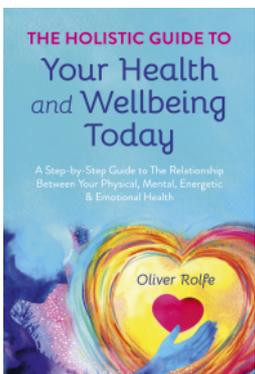


Fall of the West, The

Nicholas Hagger

In *The Fall of the West*, the third book in his trilogy on the West, Hagger updates the story to include the pandemic and describes how Syndicate-driven 21st-century events from the War on Terror to Covid have brought the Western financial system to the brink of collapse and shifted power from the West to the East, and China. This is a thought-provoking work with a prophetic vision of the future.

O-BOOKS; 2022-11-25; ; Pb-9781789049497, \$20.95/£13.99, 240pp, 6x9inches / 150 x 230mm, Ebk-9781789049503, \$16.99/£10.99.



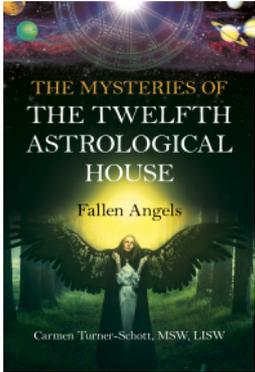
Holistic Guide To Your Health & Wellbeing Today, The

Oliver Rolfe

The Holistic Guide covers everything from how to improve your immune system, nutritional guidance, mental health, the chakra system, numerology, emotional intelligence, advanced body language, deep breathing, meditation and more.

Working with psychologist David Moxon, international numerologist Ann Perry, Darren Rolfe from the addiction rehabilitation centre Steps Together and international medium and healer Sara Leslie, we have created a complete guide for your holistic health. Take Action Today!

O-BOOKS; 2022-11-25; Emotions/Prayer & Spiritual/Healing; Pb-9781785353925, \$27.95/£17.99, 416pp, 8.5x5.5inches / 216x140mm, Ebk-9781785353932, \$21.99/£13.99.

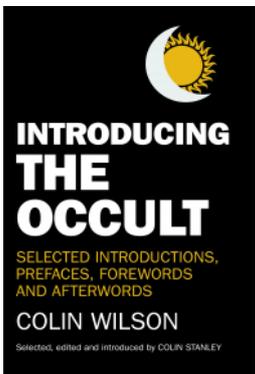


Mysteries of the Twelfth Astrological House, The: Fallen Angels

Carmen Turner-Schott, MSW, LISW

'A wonderful analysis of an intuitive superhighway that resides in each of us. I have never read an astrology book that describes the twelfth house terrain within the framework of a guided tour of this vast inner universe in such a clear way. The insights in this book can be instantly put to practical use to find loving relationships and to make use of creative energy. The words written by this author inspire self-confidence and are a magical guidance to explore the depths of your own intuition and to walk a path that showers you with mental and emotional peace.' **Bernie Ashman, Bestselling Astrology Author**

O-BOOKS; 2022-07-29; Astrology (General)/New Thought/SELF-HELP (General); Pb-9781780993430, \$16.95/£10.99, 176pp, 8.5x5.5inches / 216x140mm, Ebk-9781780993447, \$7.99/£4.99.



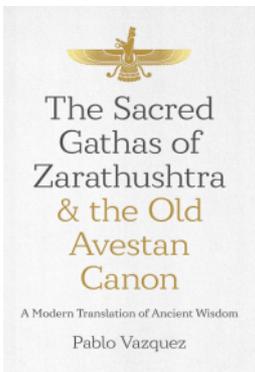
Introducing the Occult

Colin Stanley

Introducing the Occult brings together 17 of his best published introductions chosen by his bibliographer Colin Stanley. Within these covers you can read Colin Wilson on magic, witchcraft, exorcism, ghosts, poltergeists, the Loch Ness Monster, the afterlife, dowsing and much more.

'Colin Wilson was the most exciting and readable non-fiction author of the 20th century, whose mind was so wide-ranging that he was equally at home in philosophy, criminology and parapsychology. This is an essential collection of some of his lesser known writings.' **Steve Taylor**

Axis Mundi Books; 2022-12-09; Occultism/Essays; Pb-9781780994758, \$20.95/£13.99, 224pp, 8.5x5.5inches / 216x140mm, Ebk-9781780994765, \$16.99/£10.99.

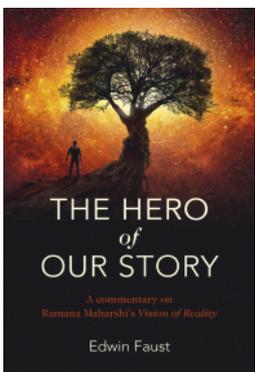


Sacred Gathas of Zarathushtra & the Old Avestan Canon, The

Pablo Vazquez

'It is way past time that our religion, history, and culture is told through a lens that reflects our community and our people. Pablo Vazquez's translation corrects decades of false reliance on underinformed and biased translations made by Eurocentric translators that didn't care to deliver the deeper meaning of Gathas through their translation. This book will help us, and our next generations, fully capture the deep meanings of the Gathas in ways that were never before captured.' **Parshan Khosravi, Co-Chair of the Zoroastrian Youth of North America and Chair of the 7th World Zoroastrian Youth Congress**

MANTRA BOOKS; 2022-09-30; Zoroastrianism/Mysticism/Iran; Pb-9781785359613, \$10.95/£6.99, 80pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359620, \$4.99/£2.99.

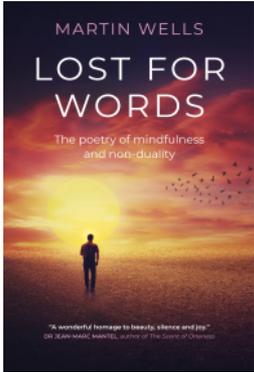


Hero of Our Story, The

Edwin Faust

When we know who we truly are, rather than who we take ourselves to be, we will realize that we are indeed the hero of our story and that we need not look to others or the world to find our heart's desire. *The Hero of Our Story* is intended to be a simple and accessible entry point for those interested in Ramana and the teachings of Vedanta – one of the six schools of Hindu philosophy. A commentary on Ramana's Sat Darshanam, each of the 42 verses from the text is presented and followed by commentary and discussion by the author.

MANTRA BOOKS; 2022-09-30; Eastern/Individual Philosophers/Spirituality; Pb-9781785359378, \$13.95/£8.99, 128pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359385, \$6.99/£3.99.



Lost for Words

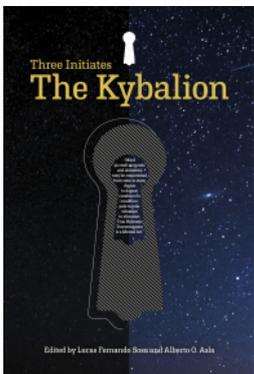
Martin Wells

These poems are about what it means to be alive and deeply connected to the natural world. In so doing, they go to the heart of mindful living and non-dual wisdom.

'A wonderful homage to beauty, silence, and joy. The words are here only as a pretext to express the purity of the being. They dress the silence, give it a form, and dissolve into their origin. No trace remains. Thank you!'

Dr Jean-Marc Mantel, psychiatrist, non-dual teacher, author of The Scent of Oneness

MANTRA BOOKS; 2022-11-25; Inspirational & Religious/Emotions/Mindfulness & Meditation; Pb-9781785359316, \$14.95/£9.99, 104pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359323, \$11.99/£7.99.



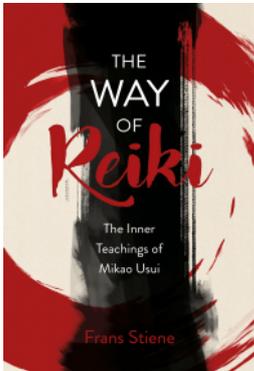
Kybalion, The

Lucas Fernando Sosa

As a modern version of one of the greatest classics of esoteric literature, this book is rich in symbolism with a narrative and visual manifestation that will mesmerise the reader. Simultaneously simple and complex, this work will help open wide the door of knowledge.

Each chapter is accompanied by an image whose graphic, enigmatic and archetypal form artistically represents the infinite wisdom that the work possesses. These optical illusions give the reader a better visualization of the universe and how immensely infinite it is, in addition to how imperceptible it may be in the eyes of the human being...

O-BOOKS; 2022-12-09; Occultism/Hermetism & Rosicrucianism; Pb-9781785359835, \$18.95/£11.99, 224pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359842, \$8.99/£5.99.

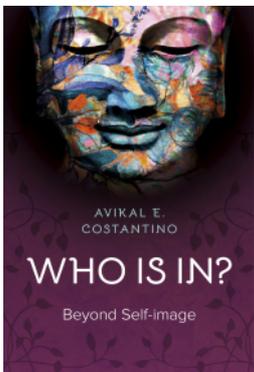


Way of Reiki, The - The Inner Teachings of Mikao Usui

Frans Stiene

'This book is a masterpiece. Frans Stiene has brilliantly synthesized with clarity and simplicity the essence of the system of Reiki as a path of self-cultivation (shugyo) toward self-realization. The content conveys a depth of understanding of Reiki in the context of Japanese culture, arts, philosophy and religions as a whole in a style that is engaging and illuminating. This is the kind of book one can read many times and still find deep insights into the nature of life, the universe, and being human.' **Veronique Frede, Reiki teacher at the Japanese Culture Center in Chicago**

O-BOOKS; 2022-10-28; Energy (Qigong, Reiki, Polarity)/Alternative Therapies/Eastern; Pb-9781785356650, \$18.95/£11.99, 224pp, 8.5x5.5inches / 216x140mm, Ebk-9781785357442, \$8.99/£5.99.



Who is in?

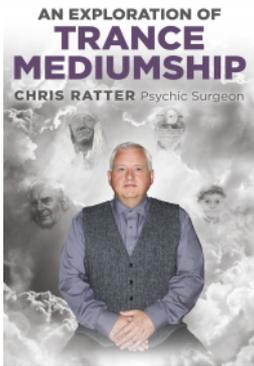
Avikal E. Costantino

Who is in? is for all spiritual seekers who encounter the basic questions of identity: Who am I?, Who is in? or What is the nature of I?

'I found Avikal Costantino's book on mastering the inner judge inspiring, easy to read and extremely practical. He obviously understands the subject well and presents it in a way that can lead people to do their own work on overcoming the tyranny of their inner judge. As a seminar leader who deals with this theme, I find this book a great contribution to the work and will not hesitate to recommend it to our participants.'

Dr Krishnananda Trobe, author of Face to Face with Fear and When Sex Becomes Intimate

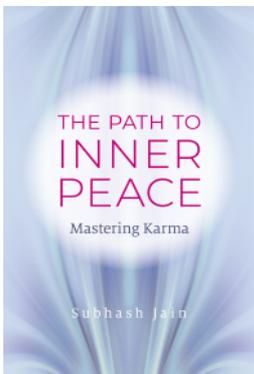
O-BOOKS; 2022-11-25; Psychotherapy (General)/Prayer & Spiritual/Inspiration & Personal Growth; Pb-9781785359477, \$18.95/£11.99, 208pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359484, \$8.99/£5.99.



Exploration of Trance Mediumship, An Chris Ratter Psychic Surgeon

When psychic surgeon Chris Ratter was starting out on his own path of unfolding trance mediumship, he found there was very little information available to clarify certain points or answer questions he had. His desire to ensure others did not feel the same isolation and confusion became his main motivation for writing *An Exploration of Trance Mediumship*. Chris takes the reader on a touching quest to find a greater understanding of the bridge between our world and the world of spirit, explaining key aspects of trance mediumship as well as introducing the reader to his spirit team and providing insight as to how he came to know his individual guides.

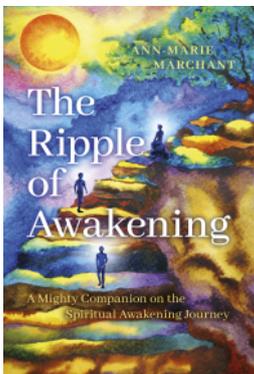
6th Books; 2022-09-30; Channeling & Mediumship/Spiritualism/Prayer & Spiritual; Pb-9781785359576, \$16.95/£10.99, 200pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359583, \$7.99/£4.99.



Path to Inner Peace, The Subhash Jain

The book presents the fundamental principles of Jain karma doctrine through a fictional account of the relationship between a guru and his American student. As the story unfolds, the guru instructs the student on how 'karmic debt' is incurred as the result of personal action and how this 'debt' can be reduced through behavioral choices. With an emphasis on nonviolent action, Jainism elucidates the path whereby karmic attachment is decreased, leading to inner peace.

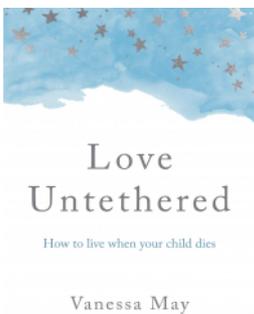
MANTRA BOOKS; 2022-11-25; Eastern/Eastern/Happiness; Pb-9781803410203, \$13.95/£8.99, 152pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410210, \$6.99/£3.99.



Ripple of Awakening, The Ann-Marie Marchant

'I have a PhD in Genetics and am a former Neuro-Scientist who was firmly steeped in the belief that 'when you're dead, you're DEAD'. My time of 'awakening' to my Spiritual aspect arrived when I was rocked to my core following the death of two husbands. I wish I could have had a book like this with which to guide me at a time when I sure felt lonely! I was such a pragmatist and non-believer, I was left totally confused and bewildered by some of the writings I first came across in this field and something like Ann-Marie's book would have grabbed me. And although very sensitively written, it is also light-hearted, fun and extremely insightful.' **Dr Anne Moir PhD**

O-BOOKS; 2022-12-09; Spirituality/Inspiration & Personal Growth/Spiritual; Pb-9781803410449, \$18.95/£11.99, 208pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410456, \$8.99/£5.99.

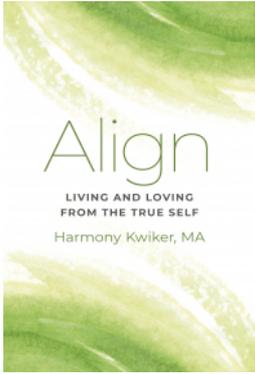


Love Untethered Vanessa May

Love Untethered is about holding on to hope when it feels like there isn't any, and about finding purpose as a means of surviving a devastating and life-changing bereavement.

"Vanessa May has written a book that can truly help all those who are grieving find deep spiritual meaning, comfort and strength. Highly recommended." **Theresa Cheung, Sunday Times bestselling author**

AYNI BOOKS; 2022-11-25; Death, Grief, Bereavement/Inspiration & Personal Growth/Personal Memoirs; Pb-9781803410487, \$20.95/£13.99, 216pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410494, \$16.99/£10.99.



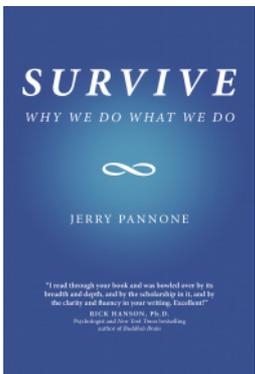
Align

Harmony Kwiker

There is a fundamental core within each of us where our true nature resides.

'We are living in a time when it is all too easy to feel lost or disconnected from ourselves. Harmony gives us a compass and a map to find our way home. She reminds us of the universal themes that unite us as individuals through her personal vignettes and she assists us to awaken to our own true nature. She is the compassionate therapist and gifted spiritual teacher that we need to guide us on our journey through life. This book is a gift.' **Dr. Arielle Schwartz, author of The Post-Traumatic Growth Guidebook and The Complex PTSD Workbook**

MANTRA BOOKS; 2022-11-25; Prayer & Spiritual/Emotions/Emotions; Pb-9781803410586, \$24.95/£15.99, 384pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410593, \$11.99/£7.99.



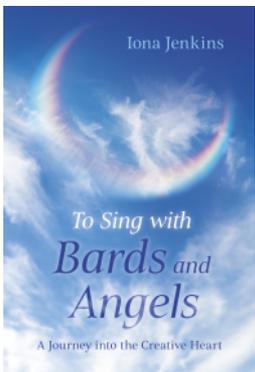
Survive

Jerry Pannone

Although the concept of survival is evident in a biological sense, it expands far beyond simple physical survival for the human being. The questions of psychological, emotional, intellectual and spiritual survival, as well as the overriding question of identity all play a role. Who is the 'me' that is fighting to survive?

'Jerry, I read through your book and was bowled over by its breadth and depth, and by the scholarship in it, and by the clarity and fluency in your writing. Excellent!' **Rick Hanson Ph.D., New York Times bestselling author of Buddha's Brain, and UC Berkeley psychology professor**

PSYCHE BOOKS; 2022-12-09; Personality/Physiological Psychology/Spiritual; Pb-9781803410906, \$17.95/£11.99, 201pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410913, \$13.99/£8.99.



To Sing with Bards and Angels

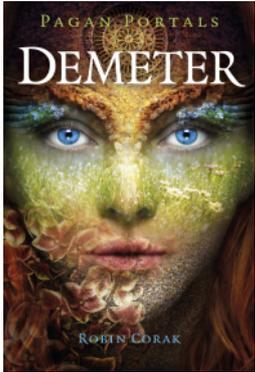
Iona Jenkins

To Sing with Bards and Angels is an invitation to travel through landscapes evoked by beautiful language, into the heart of nature and imagination.

'To Sing with Bards and Angels weaves together the fertile worlds of our spiritual and creative lives with the natural world and the realm of Spirit, illustrating with personal stories, poems, and suggestions for practice, how the relationships between these worlds are intimate, inseparable, and life-enriching. Iona Jenkins' gentle wisdom illuminates the landscape of the heart and the song of the soul in each of us.' **Eimear Burke, Chosen Chief of the Order of Bards Ovates and Druids**

O-BOOKS; 2022-12-09; Angels & Spirit Guides/Inspiration & Personal Growth/Celtic Spirituality; Pb-9781803410746, \$16.95/£10.99, 200pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410753, \$7.99/£4.99.

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Pagan Portals - Demeter

Robin Corak

'Robin Corak's Pagan Portals - Demeter is a book I've been excited to read since I heard it was in the works. Not only does Robin bring Demeter to light, but this author also expands on the often-condensed vision of the Great Mother. By widening the experience of motherhood and mothering, this book creates a strong connection with the reader, a welcoming tone, and open arms. From well-researched content to journal questions, Pagan Portals - Demeter is not just for those who have never met this goddess, but it's also for those who seek to deepen their relationship.' **Irisanya Moon**

Moon Books; 2022-09-30; Spirituality/Goddess Worship/Paganism & Neo-Paganism; Pb-9781789047837, \$10.95/£6.99, 128pp, 8.5x5.5inches / 216x140mm, Ebk-9781789047844, \$5.99/£3.99.



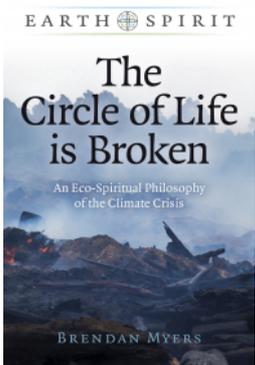
Pagan Portals - Aos Sidhe

Morgan Daimler

An introduction to the Aos Sidhe, the People of the fairy mounds, and to Irish fairy beliefs, this book takes readers on a journey to understand the place that fairies have had in Ireland across the millennia and into today.

'Pagan Portals - Aos Sidhe by Morgan Daimler is a well-researched and timeless guide to understanding the Aos Sidhe, stripping away the modern folklore of common parlance to find the rubies and emeralds within. Daimler's respected research and voice has borne fruit yet again. Sure to be referenced in future works for years to come.' **Amy Blackthorn, author of Blackthorn's Botanical Magic**

Moon Books; 2022-07-29; Paganism & Neo-Paganism/Angels & Spirit Guides/Witchcraft; Pb-9781789049374, \$10.95/£6.99, 104pp, 8.5x5.5 inches / 216x140mm, Ebk-9781789049381, \$5.99/£3.99.



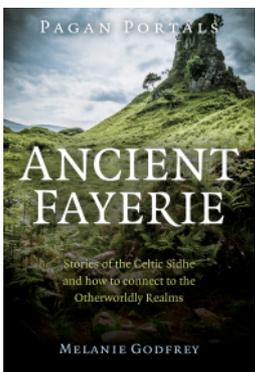
Earth Spirit: The Circle of Life is Broken

Brendan Myers

The Circle of Life is more than the food web. It's a self-organizing system of global life-cooperation and energy dissipation. Its balance and stability have been taken for granted for millennia. But in the age of the climate crisis, the Circle is breaking down.

From the 1960s onward, philosophers, artists and spiritual teachers promoted the idea of the 'Green Self' to help us understand how the Circle works, and how we harm ourselves when we damage it. But in all that time, the climate crisis only got worse. The Greening of the Self didn't happen.

Moon Books; 2022-10-28; Paganism & Neo-Paganism/Spirituality/Ecology; Pb-9781789049770, \$10.95/£7.99, 232pp, 8.5x5.5inches / 216x140mm, Ebk-9781789049787, \$5.99/£4.99.



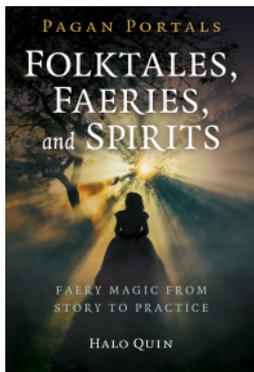
Pagan Portals - Ancient Fayerie

Melanie Godfrey

'Melanie Godfrey shares some of her intimate encounters with Faery and the Elemental Kingdoms. Firstly, she does this through story - each tale born of her experiences with sacred landscape. She goes on to offer valuable techniques, meditations and ceremony to aid the reader in deepening their own relationship with nature beings and the places they inhabit. Melanie's work is heart-felt and deeply personal, encouraging the reader to build their own tales and take their own journey into the enchanted realm of the Otherworld.'

Eimear Burke, Chosen Chief of the Order of Bards, Ovates and Druids

Moon Books; 2022-08-26; Paganism & Neo-Paganism/Angels & Spirit Guides/Witchcraft; Pb-9781782794776, \$10.95/£6.99, 136pp, 8.5x5.5 inches / 216x140mm, Ebk-9781782794783, \$5.99/£3.99.

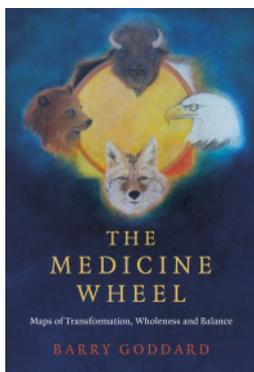


Pagan Portals - Folktales, Faeries, and Spirits

Halo Quin

'Practical, hands on and wonderfully magical, this inclusive and accessible guide to navigating the faery realm is creative, original and utterly delightful.' **Anna McKerrow, author of The Bird Atlas, The Book of Babalon and the Greenworld Trilogy**

Moon Books; 2022-08-26; ; Pb-9781785359415, \$10.95/£6.99, 104pp, 8.5x5.5 inches / 216x140mm, Ebk-9781785359422, \$5.99/£3.99.

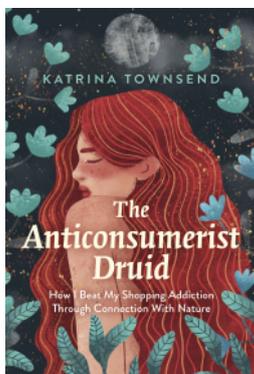


Medicine Wheel, The

Barry Goddard

'Barry has created a meditation on meaning, a most interesting discourse on The Medicine wheel tempered with Jung and other interesting philosophers, matching and mixing and extracting clarity and knowledge. I hear Barry as I read, his voice is clear and direct, there is no bull here but challenging discussions on teachings and the real meanings behind them.' **Leo Rutherford, author of The View Through The Medicine Wheel: Shamanic Maps of How the Universe Work**

Moon Books; 2022-09-30; Ethnic & Tribal/Spiritual/Paganism & Neo-Paganism; Pb-9781785359675, \$22.95/£14.99, 320pp, 8.5x5.5 inches / 216x140mm, Ebk-9781785359682, \$10.99/£6.99.



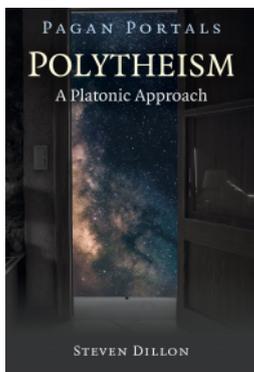
Anti-consumerist Druid, The

Katrina Townsend

Many of us are coming to terms with the devastating global effects of overconsumption, and for me, the desire to quit shopping has led me to explore Paganism, and then to Druidry!

"Katrina Townsend's experience of navigating from a consumerist world into one that enters the realms of spirituality is beautifully expressed in this book. Her writing is open and honest, humorous and thought-provoking, and takes you along the journey to where one can find peace in both the self and the world. I highly recommend it..." **Joanna van der Hoeven, Director of Druid College and author of several books including The Book of Hedge Druidry and The Hedge Druid's Craft**

Moon Books; 2022-11-25; Inspiration & Personal Growth/Personal Memoirs/Paganism & Neo-Paganism; Pb-9781789045192, \$16.95/£10.99, 168pp, 8.5x5.5 inches / 216x140mm, Ebk-9781789045208, \$7.99/£4.99.



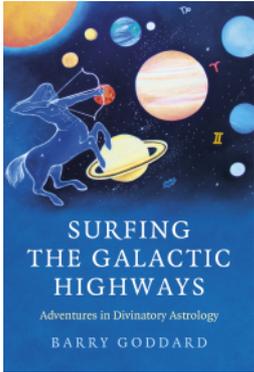
Pagan Portals - Polytheism: A Platonic Approach

Steven Dillon

Drawing on the wisdom of the Platonists, this book gives the reader a comprehensive, unified and accessible tour of reality, from the rather innocuous assumption that something is beyond Nature to the profound and thunderous unravelling of all things from the Gods.

'Steven Dillon's book is a major contribution to the polytheist revival, taking on the big questions about the Gods and the world in a way that will be useful to polytheists in any tradition, or to seekers just trying to understand a polytheistic worldview.' **Edward P. Butler, PhD, Director, Center for Global Polytheist and Indigenous Traditions, Indic Academy**

Moon Books; 2022-07-29; Paganism & Neo-Paganism/Religious/Theism; Pb-9781785359798, \$10.95/£6.99, 96pp, 8.5x5.5 inches / 216x140mm, Ebk-9781785359804, \$5.99/£3.99.



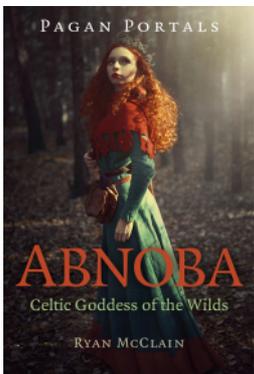
Surfing the Galactic Highways

Barry Goddard

Surfing the Galactic Highways is a refreshingly bold assertion of the intuitive, non-rational nature of astrological knowledge, and a thoroughgoing refutation of those who would relegate astrology to the status of a 'pseudo-science'.

'The astrologer's first job is to demystify. The second is to fascinate. Through his insistence on pure craft winning, at every turn, over personal feelings or bias, Barry Goddard achieves just that. An astrological page-turner.' **Joanna Watters, author of Astrology for Today, Be Your Own Astrologer and Tarot for Today**

Moon Books; 2022-12-09; Personal Growth (General)/Spirituality/Astrology (General); Pb-9781803410104, \$18.95/£11.99, 216pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410111, \$8.99/£5.99.



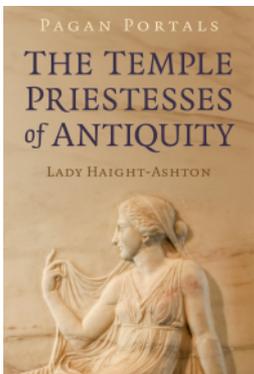
Pagan Portals - Abnoba

Ryan McClain

Take an investigative journey to connect with Abnoba, the mysterious woodland goddess of the ancient Gauls.

'McClain digs deep to combine thorough research with heartfelt methods for building a relationship with this goddess. As the founder of a revivalist Pagan tradition myself, I can see how McClain's devotion to Abnoba has inspired his work, bringing this ancient goddess alive in the world again for people from all walks of life to "meet" in their spiritual practice. Highly recommended.' **Laura Perry, founder and head facilitator of Modern Minoan Paganism, author**

Moon Books; 2022-09-30; Paganism & Neo-Paganism/Celtic Spirituality/Goddess Worship; Pb-9781803410241, \$10.95/£6.99, 112pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410258, \$5.99/£3.99.

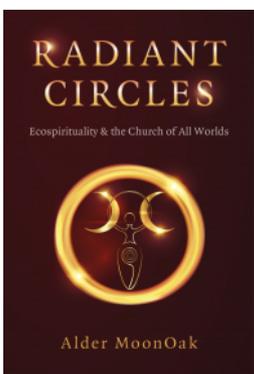


Pagan Portals - The Temple Priestesses of Antiquity

Lady Haight-Ashton

The Temple Priestesses of Antiquity tells the story of the Oracles and Sibyls, Seers, Psychics, Sacred Dancers and Healers of ancient civilizations. They were empowered women who enthralled those who sought their advice and served the Goddess they revered. Tales about ancient Priestesses and the Sacred Temples where they lived, prayed and worked thousands of years ago, have fascinated archaeologists and historians for decades.

Moon Books; 2022-07-29; Greece/Paganism & Neo-Paganism/Spiritualism; Pb-9781803410289, \$10.95/£6.99, 128pp, 8.5x5.5 inchesinches / 216x140mmmm, Ebk-9781803410296, \$5.99/£3.99.



Radiant Circles

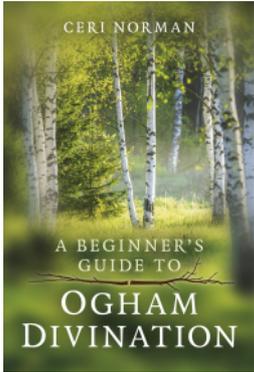
Alder MoonOak

Radiant Circles is an examination of both Ecospirituality and the Church of all Worlds, a specific NeoPagan organisation inspired by a science fiction novel and founded by Oberon Zell, a practicing Wizard.

'Alder MoonOak's Radiant Circles provides an in-depth ethnographic analysis of the foundational beliefs, practices, worldview, ethos, vision and history that have inspired, seeded and infused a significant global spiritual community of "green religion." I am proud to endorse this work.'

Oberon Zell, Founder and Primate, Church of All Worlds

Moon Books; 2022-10-28; Occultism/Paganism & Neo-Paganism/New Thought; Pb-9781803410623, \$22.95/£14.99, 320pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410630, \$10.99/£6.99.



Beginner's Guide to Ogham Divination, A

Ceri Norman

"Ceri Norman provides a fascinating insight into Ogham through a combination of historical study and modern practice. Well-written and engaging, this book strikes a balance between information and experience, and learning and hands-on practice, with exercises and meditations designed to help the reader progress in their own Ogham journey. A Beginners Guide to Ogham is a fantastic starting point for anybody interested in delving into this ancient system, not just those who wish to use it as a form of divination." **Jessica**

Howard, author, The Art of Lithomancy

Moon Books; 2022-11-25; Paganism & Neo-Paganism/Divination (General)/Celtic Spirituality; Pb-9781803410920, \$18.95/£11.99, 240pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410937, \$8.99/£5.99.



Pagan Portals - Harvest Home: In-Gathering

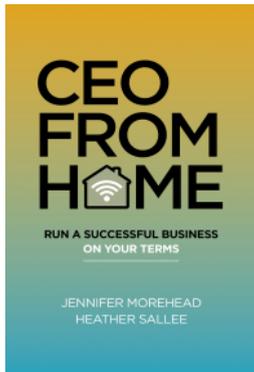
Melusine Draco

'This is yet another useful, informative, and charmingly written guide from Melusine Draco. With the usual sprinkling of humour and lively writing, she takes a comprehensive look at Lammas/Lughnasadh and the other months of the harvest. It has everything the reader needs to know about celebrating the important harvest season. Brimming with history, folklore, customs, recipes, traditions around the world and so much more information and ideas of how to celebrate, I heartily recommend it.' **Harmonia Saille, Pagan Portals**

- Hedge Witchcraft, Hedge Riding, and Hedge Magic

Moon Books; 2022-08-26; Paganism & Neo-Paganism/Witchcraft/Inspiration & Personal Growth; Pb-9781803411101, \$10.95/£6.99, 96pp, 8.5x5.5inches / 216x140mm, Ebk-9781803411118, \$5.99/£3.99.

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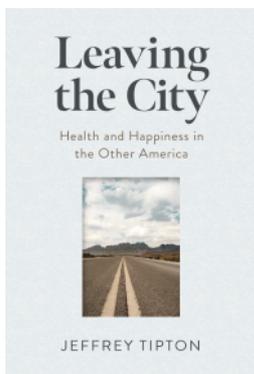


CEO From Home

Jennifer Morehead & Heather Sallee

CEO From Home is an essential guide to starting, acquiring, or continuing to run a business on your own terms while working from home. Authored by two professionals with real-world experience in virtually running a marketing and human resources outsourcing business, *CEO From Home* provides practical, easy-to-implement strategies to run a business on your terms from your home.

Business Books; 2022-09-30; Entrepreneurship/Home-Based Businesses/Small Business; Pb-9781789047875, \$20.95/£13.99, 248pp, 8.5x5.5inches / 216x140mm, Ebk-9781789047882, \$15.99/£10.99.

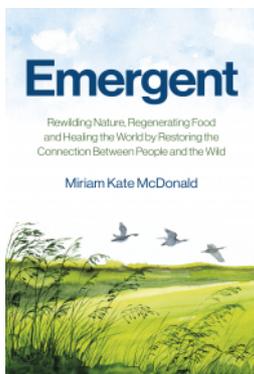


Leaving the City

Jeffrey Tipton

Leaving the City is a visionary book about health and happiness in the 'other' America - the places outside of the intense urban centers like NYC and LA. The urban world is known for its harried pace, mutual alienation and distance from the rhythms of nature and of human nature. He focuses not merely on contagion, pollutants, violence and innumerable other sources - both natural and human - of illness, disability and premature death that one finds in urban America, but also addresses the inherent unhappiness and threats to mental health that life in the urban world typically brings.

Earth Books; 2022-12-09; Healthy Living/Human Geography/Happiness; Pb-9781789049244, \$17.95/£11.99, 184pp, 8.5x5.5inches / 216x140mm, Ebk-9781789049251, \$13.99/£9.99.



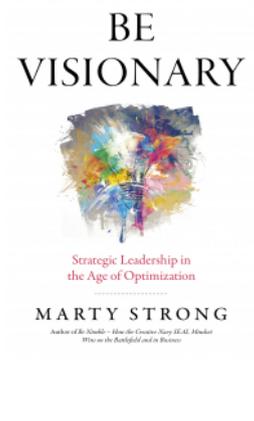
Emergent

Miriam Kate McDonald

In *Emergent*, Miriam McDonald explores the relationships that bind our world together. It is by reintegrating lost species with historic ranges that rewilding reignites the miraculous dance of life across landscapes. It is through reforming severed relationships that regenerative farmers build soil, produce nutrient-dense food and foster a renewed sense of kinship and community.

"Here is an original and seriously intelligent overview of the impact of humanity on the world at large - not just of *Homo sapiens* but of the entire genus *Homo*. Excellent." **Colin Tudge, author and co-founder of the College for Real Farming and Food Culture**

Earth Books; 2022-11-25; Sustainable Agriculture/Environmental Conservation & Protection/Natural History; Pb-9781785353727, \$18.95/£11.99, 224pp, 8.5x5.5inches / 216x140mm, Ebk-9781785353734, \$8.99/£5.99.



Be Visionary

Marty Strong

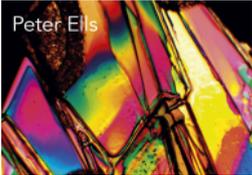
Be Visionary: Strategic Leadership in the Age of Optimization is a self-help, business leadership book that demonstrates to existing and aspiring leaders the positive impact of applying flexibility, creativity and decisiveness to achieve results - even in uncertain times.

'Of the many business books attempting to transpose applicable military leadership skills onto the corporate world, *Be Visionary*, Marty Strong's second successful business leadership book, should hold pride of place on your bookshelf.' **Charles Thomas Rushworth III Colonel, United States Marine Corp, Retired Former Professor, U.S. Naval War College**

Business Books; 2022-12-09; Decision-Making & Problem Solving/Leadership/Conflict Resolution & Mediation; Pb-9781785354328, \$20.95/£13.99, 216pp, 8.5x5.5inches / 216x140mm, Ebk-9781785354335, \$16.99/£10.99.

Mind, Quantum, and Free Will

The Birth of Physics in the Sensuous Cosmos



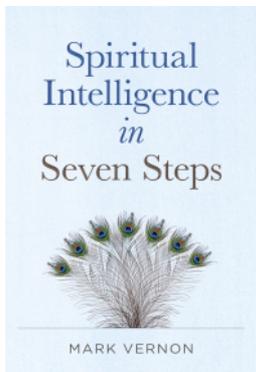
Mind, Quantum, and Free Will

Peter Ells

This idealist solution to the mind-body problem, which is compellingly integrated with quantum physics, affirms human free will and agency.

'Mind, Quantum, and Free Will is engagingly written, with an impressive breadth and depth of scholarship. I found it quite provocative in multiple respects, and believe that most readers with interests in these topics would be enriched by exploring it.' **Andrew Westcombe, PhD in philosophy, specialising in metaphysics and the mind-body problem**

Iff Books; 2022-12-09; Quantum Theory/Mind & Body/Free Will & Determinism; Pb-9781785359651, \$29.95/£19.99, 432pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359668, \$22.99/£15.99.

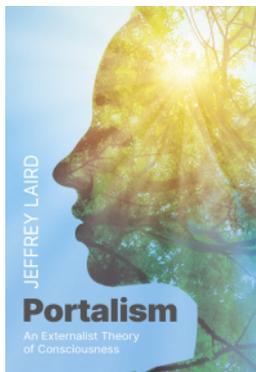


Spiritual Intelligence in Seven Steps

Mark Vernon

'In Spiritual Intelligence in Seven Steps, Mark Vernon draws on the understanding of numerous individuals and cultures, weaving them into a text that leads the reader on a journey into the very heart of their self and, at the same time, to the reality that lies behind and is expressed as the world. Like the journey which his mentor, Dante, undertakes, each chapter guides us more and more deeply into the perennial understanding that lies at the foundation of our civilisation.' **Rupert Spira, spiritual teacher, writer and studio potter**

Iff Books; 2022-12-09; Spirituality/Religious/Philosophy; Pb-9781803410326, \$18.95/£11.99, 248pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410333, \$8.99/£5.99.



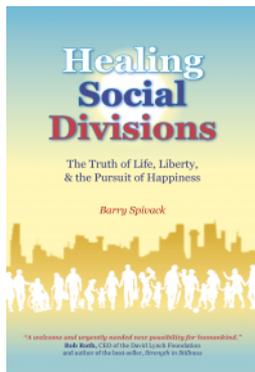
Portalism

Jeffrey Laird

The mind is not the brain. The locus of our consciousness is in the world. *Portalism* embraces radical phenomenal externalism and represents a contemporary form of dualism that rejects materialist assumptions of mind/brain identity. As a philosophy of mind, *Portalism* breaks with traditional thinking in two significant ways: first by holding that consciousness is in fact a fifth fundamental force of nature endowed with behavioural attributes not unlike that of gravity, and second by arguing how consciousness inheres in all living organisms regardless of their biological sophistication.

Iff Books; 2022-11-25; Metaphysics/Mind & Body/Neuropsychology; Pb-9781803410388, \$22.95/£15.99, 280pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410395, \$10.99/£7.99.

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Healing Social Divisions

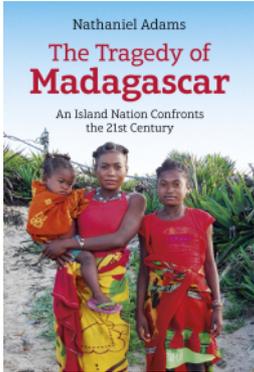
Barry Spivack

We live at a time when societies are riven with division and strife. What hope is there for us to heal?

'For anyone vexed by the problem of conflict and hatred, this book has good news. Healing Social Divisions offers a line of intervention that is relatively straightforward: Meditation can heal social divisions even if only a small fraction of people practise it. Analyzing the effectiveness of meditation interventions is challenging but the book does a great job borrowing from particle physics to explain social behavior. It is easy to follow and truly entertaining.' Bernard Reinsberg Lecturer in International Relations, Glasgow University

Changemakers Books; 2022-12-09; Mindfulness & Meditation/Social Psychology/Social Theory; Pb-9781785359699, \$16.95/£10.99, 200pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359705, \$7.99/£4.99.

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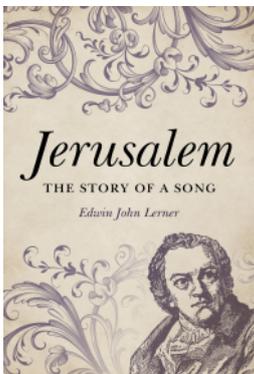
Tragedy of Madagascar, The

Nathaniel Adams

Why has Madagascar failed to make any meaningful progress since independence?

"The Tragedy of Madagascar is a must-read for anyone who cares about the fascinating, beguiling, maddening red island off the coast of Africa - or for anyone who wonders why so many forgotten, seemingly invisible people are trapped in poverty across the globe. With a sharp eye for detail, analysis, and storytelling, Adams is an expert guide who brings the island to life." **Brian Klaas, Washington Post columnist and author of The Despot's Apprentice: Donald Trump's Attack on Democracy**

Chronos Books; 2022-11-25; African/East/East; Pb-9781789048742, \$29.95/£19.99, 416pp, 8.5x5.5inches / 216x140mm, Ebk-9781789048759, \$22.99/£11.99.



Jerusalem

Edwin John Lerner

Jerusalem: The Story of a Song is a popular history of England's unofficial national anthem, which began life as a poem by William Blake, was set to music by Hubert Parry and is sung every year at the Last Night of the Proms.

'An amazing book which manages to include everything from the fate of Tom Paine's bones to the opening ceremony of the 2012 Olympics...' **David Boyle, author of 'Broke: Who Killed the Middle Classes?'**

Chronos Books; 2022-12-09; Popular Culture/History & Criticism/Great Britain; Pb-9781803411040, \$17.95/£11.99, 176pp, 8.5x5.5inches / 216x140 mm, Ebk-9781803411057, \$13.99/£8.99.



Brutish Necessity

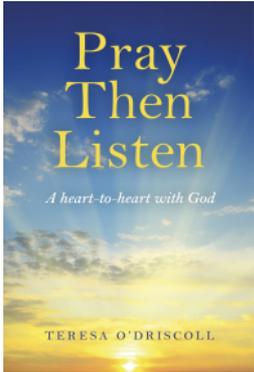
Jon Berry

Oswald Augustus Grey was a Jamaican immigrant. He was 20 years old when he was executed and 19 when the crime for which he was convicted took place.

"Brutish Necessity makes the revealing but sadly unsurprising connection between white society's careless disregard for one Black boy in 1960s Birmingham and others who live in the city 60 years on. It has much to tell us about the enduring nature of racism and how much still needs to be done to counter it as together we work towards a more just society for all." **Bishop Dr Joe Aldred, National Church Leadership Forum - A Black Christian Voice**

Chronos Books; 2022-09-30; Black Studies (Global)/Social History/Minority Studies; Pb-9781803410968, \$17.95/£11.99, 176pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410975, \$13.99/£9.99.

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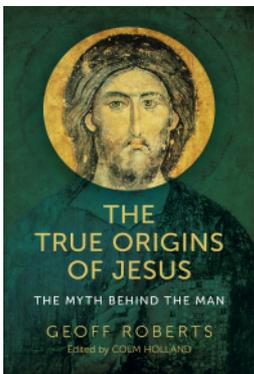
Pray Then Listen

Teresa O'Driscoll

This prayer guide was commissioned by God. "Write a book and show people how to speak to Me," He told author Teresa O'Driscoll. This is her work of obedience.

Teresa's book on how to talk to God flows from her experience of prayer as a two way conversation. Mixed with everyday examples, she practically shares how to live a life seasoned with prayer. Providing foundational frameworks for prayer in the different seasons of life, this book will help us all move deeper in our relationship with God.' **Andy Frost, Director of Share Jesus International**

Circle Books; 2022-09-30; Prayer/Spiritual Growth/Christian Life (General); Pb-9781789043693, \$13.95/£8.99, 144pp, 8.5x5.5 inches / 216x140mm, Ebk-9781789043709, \$6.99/£3.99.



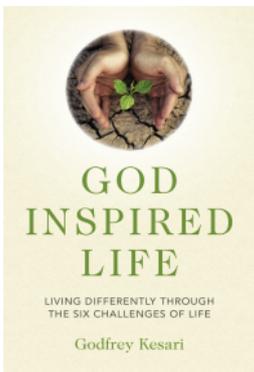
True Origins of Jesus, The

Colm Holland

With all the evidence compiled in this book, including some which has only come to light relatively recently, you can draw your own conclusions from a story which will look very different to the one you learned at school. Was Jesus Christ a mythical figure who was never intended by the early founders of the religion to be a walking, talking historical person?

'The True Origins of Jesus will save you years of research by giving the answers your inquiring mind is thirsting for, bridging the gap between truth and myth.' **Dean Wilkinson, Founder of Epochwork.com.**

Christian Alternative Books; 2022-12-09; Christology/History/Religious; Pb-9781789049046, \$18.95/£11.99, 248pp, 8.5x5.5 inches / 216x140mm, Ebk-9781789049053, \$8.99/£5.99.



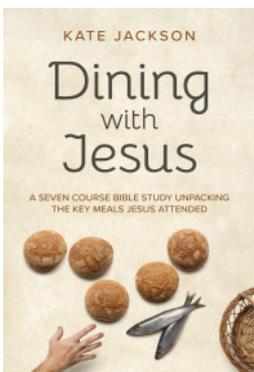
God Inspired Life

Godfrey Kesari

Many live a self-inspired life. Many others live an others-inspired life. If we live a self-inspired or others-inspired life, we could underdo things.

'This thought provoking book encourages us to reflect on our unique precious life and how we can grow into God's inspired potential for each one of us. Godfrey Kesari's book is well earthed in Scripture and personal experience of ministry in India and the U.K. Suitable for group reflection, it could also be the basis for personal devotion and retreat.' **Revd Ernie Whalley, President of the Baptist Union of Great Britain 2013 - 2014**

Circle Books; 2022-09-30; Personal Growth/Faith/Spiritual; Pb-9781785359439, \$18.95/£11.99, 240pp, 8.5x5.5 inches / 216x140mm, Ebk-9781785359446, \$8.99/£5.99.



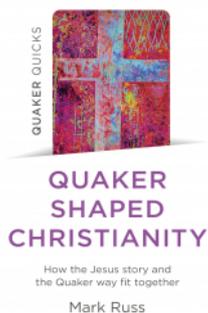
Dining with Jesus

Kate Jackson

This seven-week guide aims to aid Christians, individually or in small groups, to take a closer look at seven of the meals Jesus attended, focusing on what Jesus was trying to communicate through them, either in the food eaten or in the social interactions he had whilst dining.

'Dining with Jesus provides an insightful study guide to the most important meal times in the Bible. It will provide an excellent resource for small groups and individuals wanting a deeper encounter with Jesus Christ.' **Dr Andrew Ollerton, author of The Bible; A Story That Makes Sense of Life**

Circle Books; 2022-11-25; Bible Study Guides/Biblical Studies (General)/Prayer; Pb-9781803410401, \$13.95/£8.99, 152pp, 8.5x5.5 inches / 216x140mm, Ebk-9781803410418, \$6.99/£3.99.

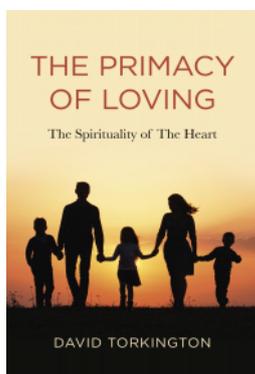


Quaker Quicks - Quaker Shaped Christianity

Mark Russ

The Quaker take on the Gospels is so refreshing because it's a thread of Christianity which has, sometimes, been bashful about expressing itself. Quaker Shaped Christianity offers an enjoyable combination of both simplicity and depth. The first-person guidance makes the book powerful but never solipsistic, and the author's tone is exactly as I like in my theological guides: forthright and gentle. I'm convinced it will really speak to many people who are on the courtyard of the sacred but are scared of their next step.' **Tobias Jones, journalist and bestselling author of books including A Place of Refuge and Utopian Dreams**

Christian Alternative Books; 2022-11-25; Quaker/Christian Theology (General)/Spirituality; Pb-9781803410548, \$12.95/£7.99, 104pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410555, \$5.99/£3.99.



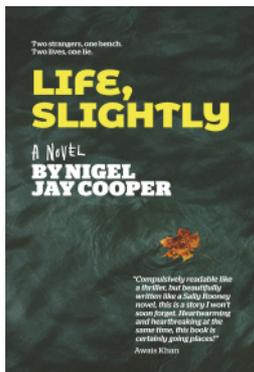
Primacy of Loving, The

David John Torkington

David wrote for the Catholic Universe Newspaper for very many years until its closure, so I was thrilled when he agreed to write for the newly launched Universe Catholic Weekly last year. Through his regular weekly columns on Spiritual Theology, I know from first-hand experience that David has helped countless readers to come to a deeper understanding of their faith and to the centrality of prayer in their lives. Reading David's work is always a spiritually enriching experience, and this book is no exception. I have great pleasure in commending it to readers.' **Michael Winterbottom, Managing Editorial Director, Universe Catholic Weekly**

Circle Books; 2022-12-09; Prayer/Spirituality/Theology; Pb-9781803411200, \$27.95/£17.99, 440pp, 8.5x5.5inches / 216x140mm, Ebk-9781803411217, \$13.99/£8.99.

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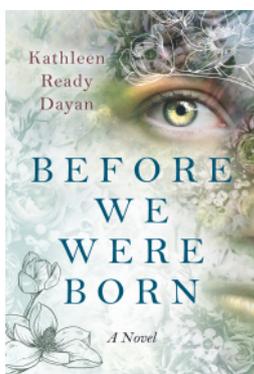
Life, Slightly

Nigel Jay Cooper

When Gavin meets Jackie on a bench in the local park, he thinks she's a stranger. She knows better. She's connected to him in ways he can't yet imagine.

'Compulsively readable like a thriller and beautifully written like a Sally Rooney novel, this is a story I won't soon forget. Heartwarming and heartbreaking at the same time, this book is certainly going places!' **Awais Khan, Author of In The Company of Strangers, No Honour**

Roundfire Books; 2022-09-30; Coming of Age/Contemporary/Literary; Pb-9781785359637, \$16.95/£11.99, 296pp, 8.5x5.5inches / 216x140mm, Ebk-9781785359644, \$7.99/£4.99.



Before We Were Born

Kathleen Ready Dayan

Elia and Kalli are soulmates who travel together through lifetimes. This time, in 1977, Kalli is reborn as Joy Sanders to a family who instantly adores her, but Elia, who chooses a mother based solely on her proximity to Kalli, fares less fortunately.

'If you've ever wondered about past lives, soul mate connections, or lessons we are supposed to learn in this lifetime, this book answers those burning questions. My eyes were glued to the pages and I could not put it down. I felt every emotion as if I were experiencing the story deep within. I laughed, I sobbed and I felt healed.' **Maureen Hancock, world renown spirit medium**

Cosmic Egg Books; 2022-12-09; Occult & Supernatural/Afterlife & Reincarnation/Visionary & Metaphysical; Pb-9781803410708, \$24.95/£15.99, 352pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410715, \$11.99/£7.99.

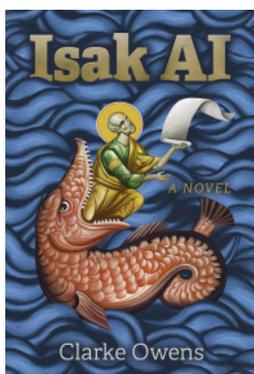


Dawn of the Construct

Eric N. Lard

Earth is a prison and you're living in it. It's called The Construct and its keepers carefully manage the rise and fall of humanity in order to extract soul energy to fuel the galactic expansion of an alien race... but we'll get to that. When an enigmatic magic known as the Astrig Ka'a turns D'avry's life upside down, he finds himself in a struggle to save humanity, not only in his own time and place but throughout Earth's untold histories as well - histories replete with mechanized armor, steampunk airships, wolf-borne goblins, and creatures crafted from the very void between worlds.

Cosmic Egg Books; 2022-10-28; Action & Adventure/Epic/Time Travel; Pb-9781803410784, \$18.95/£12.99, 312pp, 8.5x5.5inches / 216x140mm, Ebk-9781803410791, \$7.99/£4.99.



Isak AI

Clarke Owens

A topical sci-fi novel covering artificial intel and climate change.

Will artificial intelligence solve the climate crisis?

Cosmic Egg Books; 2022-12-09; Dystopian/Science Fiction (General)/Political; Pb-9781803411286, \$15.95/£10.99, 312pp, 8.5x5.5inches / 216x140mm, Ebk-9781803411293, \$7.99/£4.99.

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