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| John Hunt Publishing - **Moon Books** - announces the new title | | |
| **Sacred Art - A Hollow Bone for Spirit** Where Art Meets Shamanism  Imelda Almqvist  Sacred Art - A Hollow Bone for Spirit: Where Art Meets Shamanism tells the story of sacred art across cultures, continents and historical periods and makes a plea for sacred art to once again take its rightful place in our perception. Making sacred art means stepping outside the realm of ego-led consciousness to become a hollow bone for spirit so art becomes a mystery school process. When we connect to Divine forces greater than ourselves, creative blocks do not exist and healing occurs naturally. The greatest piece of art we will ever make is our own life!  **Author Bio** Imelda Almqvist is a shamanic teacher and painter. She teaches courses in shamanism and sacred art internationally and her paintings appear in art collections all over the world. Imelda is the author of Natural Born Shamans - A Spiritual Toolkit for Life. She lives in London, UK. Online: [Facebook](https://www.facebook.com/imelda.almqvist), [Author Website](http://www.shaman-healer-painter.co.uk/%20and%20http://www.imelda-almqvist-art.com), [Blog](http://imeldaalmqvist.wordpress.com/), [Twitter](http://www.twitter.com/#!/https://twitter.com/ImeldaAlmqvist)  **Previous Titles** Natural Born Shamans - A Spiritual Toolkit for Life (9781785353680), Moon Books, 2016.  **Endorsements** *What a gift Imelda Almqvist's work is for our global community! Rarely have I met someone with such a spiritual and creative force. Imelda has truly studied through research and her spiritual practices the deeper ceremonies that shamans have performed for tens of thousands of years. And shamans and shamanic cultures share the mysteries of the universe through their art. Imelda has brought the power of Sacred Art alive so we can once again inspirit own lives, our living spaces, and our community. Sacred Art is a remarkable book filled with a wealth of insights and stories that will inspire you to step into the magical world of art and craft.* ***Sandra Ingerman, author of Soul Retrieval***  **Promotional Plans** Book launches in London and the US. Sandra Ingerman to promote book as a recommended read on Facebook. Social media promotion by author and via Moon Books social platforms, using pictures of author's own artwork. Moon Books/author blogs. Articles for The Empath and Pagan Pages magazines. Promotion at shaman events, at author's workshops, via author's YouTube channel.  **USP** This unique book has one foot in the world of art and another foot in the world of shamanism. Every chapter offers an exercise that gets people making sacred art.  **Competing Books** Shaman: The Wounded Healer (Art & Imagination) 9780500810293, by Joan Halifax Thames & Hudson Ltd, 1982  **Categories** BODY, MIND & SPIRIT (General)(OCC036030) -> Shamanism(OCC036030) ART (General)(ART015000) -> History (General)(ART015000) ART (General)(ART009000) -> Criticism & Theory(ART009000) |  | **Publication Date** March 2019  **Paperback** ISBN: 978-1-78904-038-8 $21.95  |  £13.99 8.5x5.5 inches | 216x140 mm 264PP  **e-book** ISBN: 978-1-78904-039-5 $10.99  |  £6.99  **Library of Congress** 2018932825 |
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