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| John Hunt Publishing - **Circle Books** - announces the new title | | |
| **Wisdom from the Christian Mystics**  How to Pray the Christian Way  David Torkington  When Quietism was condemned in 1687 it resulted in an antipathy, if not an open hostility to authentic mystical theology. This situation has lasted down to the present day and has been aggravated by many forms of counterfeit mysticism that are self-centred, not God-centred. The consequences have been disastrous. To restore the balance lost to Christian spirituality, the author returns to the profound mystical teaching that Jesus himself lived and handed on to the early Church through his disciples. His research has resulted in a book that details a practical daily spirituality for all, that mirrors that which was lived by our earliest Christian forebears. It emphasises the original balance between personal and communal prayer in such a way that our whole lives become the place where we continually offer our lives through Christ to the Father.  **Author Bio** David Torkington is a Spiritual Theologian, best-selling author and speaker who specializes in Prayer, Christian Spirituality and Mystical Theology. He was educated at the Franciscan Study Centre. David lives in the south of England. Online: [Facebook](https://www.facebook.com/DavidJohnTorkington), [Author Website](http://www.davidtorkington.com), [Blog](http://www.davidtorkington.com), [Twitter](http://www.twitter.com/#!/@DTorkington )  **Previous Titles** Wisdom from Franciscan Italy (9781846944420), Circle Books, 2011. Wisdom from the Western Isles (9781846941191), Circle Books, 2008. How to Pray: A Practical Guide (9780818909214), Saint Pauls/Alba House, 2002.  **Endorsements** *Archbishop Ramsay used to say, ‘There is a God-given space at the centre of each one of us which only he can fill.’ This book, rich in its teaching and quotes from the Fathers, goes a long way towards helping us to fill that centre-space.* ***Bishop Thomas McMahon***  **Promotional Plans** Book launch mid-February 2018 at The Athenaeum, Pall Mall, London. Talks for Lent at the church of SS Anselm and Cecilia, Lincoln's Inn Fields. Key endorsements. Social media and author website promotion. Promotion in Catholic Herald and Catholic Universe. Contributions to American theological blogs to promote book in the states. Author interview in Irish Times.  **USP** The first book to explore the demise of authentic Christian Mystical Theology and its replacement by popular counterfeit substitutes. A book that details a practical daily spirituality for all.  **Competing Books** The Fulfillment of All Desire 9781931018364, by Ralph Martin Emmaus Road Publishing, 2006  **Categories** RELIGION (General)(REL006710) -> Biblical Studies (General)(REL006710) -> Jesus, the Gospels & Acts(REL006710) RELIGION (General)(REL012120) -> Christian Life (General)(REL012120) -> Spiritual Growth(REL012120) RELIGION (General)(REL067000) -> Christian Theology (General)(REL067000) |  | **Publication Date** January 2018  **Paperback** ISBN: 978-1-78535-774-9 $25.95  |  £15.99 8.5x5.5 inches | 216x140 mm 368PP  **e-book** ISBN: 978-1-78535-775-6 $12.99  |  £7.99  **Library of Congress** 2017943734 |
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