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| John Hunt Publishing - **MANTRA BOOKS** - announces the new title | | |
| **Pilgrimage in Japan, A**  The 33 Temples of Kannon  Joan D. Stamm  Kannon, the Bodhisattva of Compassion, is the one who “hears the cries of the world” and vows to “assist anyone in distress.” As the author embarks on the pilgrimage route that extends from the Japan Sea to the Pacific Ocean, through the ancient city of Kyoto and the modern city of Osaka, and to the many mountain tops in between, she allows the special characteristics and sacred presence of each place to bring forth relevant Buddhist teaching; letting go of attachment, contemplating impermanence, engaging in right livelihood, being of service, and other teachings found in classic Buddhism. The dharma, or doctrines of Universal Truth, intertwines with rich descriptions of mountain hikes, remote temples, modern Shugendo practices, sacred icons and the author’s spiritual insights.  **Author Bio** Joan D. Stamm is an award-winning author and essayist, currently residing on Orcas Island, Washington where she co-founded Cold Mountain Hermitage, a Buddhist study and practice group. She holds an MFA in writing and multi-cultural literature from Bennington College.  Online: [Facebook](https://www.facebook.com/joan.d.stamm), [Author Website](http://www.JoanDStamm.com)  **Previous Titles** Heaven and Earth are Flowers: Reflections on Ikebana and Buddhism (9780861715770) Wisdom Publications, 2010.  **Endorsements** *This book demonstrates how "sacred intent" turns ordinary travel into the adventure of a pilgrimage. As the author and her sister visit each of 33 temples on a traditional pilgrimage route in Japan, we are drawn in by her vivid descriptions as if we had undertaken the journey ourselves. It is rare to find a book about traditional pilgrimages in Japan. A valuable guide to those with the courage to undertake this very special and sacred journey.* ***Jan Chozen Bays Roshi, author and Co-founder of Great Vow Zen Monastery***  **Promotional Plans** Promotion and reviews in major Buddhist publications, articles related to journeys within the book. Author website/Facebook, crossed with JHP MBS social media and blogs. Readings in bookshops targeting spiritual readers and people wanting inspiration for purposeful travel.  **USP** A rare, if not unique book about these sacred pilgrimages, A Pilgrimage in Japan is a personal journey of the spirit with universal appeal for those seeking insight into Buddha’s teachings on the Four Noble Truths and the Eightfold Path to Enlightenment.  **Competing Books** The Traveler's Guide to Japanese Pilgrimages 9780834802919, by Ed Readicker-Henderson Weatherhill, 1995  **Categories** TRAVEL (General)(TRV003050) -> Asia (General)(TRV003050) -> Japan(TRV003050) RELIGION (General)(REL007000) -> Buddhism (General)(REL007000) BIOGRAPHY & AUTOBIOGRAPHY (General)(BIO026000) -> Personal Memoirs(BIO026000) |  | **Publication Date** May 2018  **Paperback** ISBN: 978-1-78535-750-3 $25.95  |  £14.99 8.5x5.5 inches | 216x140 mm 248PP  **e-book** ISBN: 978-1-78535-751-0 $12.99  |  £6.99  **Library of Congress** 2017944447 |
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