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| John Hunt Publishing - **O-BOOKS** - announces the new title | | |
| **365 Blessings to Heal Myself and the World** Really living one’s spirituality in everyday life.  Pierre Pradervand  Can you imagine what it would feel like to never feel any resentment for any wrong done to you? To respond with full awareness to all situations rather than react from your gut? What freedom that would entail! Well, this is just one of the gifts the practice of blessing from the heart, sending out focused love energy, will do for you. This book, from the bestselling author of The Gentle Art of Blessing, will help you learn to bless all situations and people as you go through the day and add overwhelming joy and presence to your existence.  **Author Bio** A true world citizen, Pierre Pradervand has labored a great deal of his life for social justice, living in or visiting 40 countries on every continent. From his Geneva home Pierre is now active as a writer, speaker and workshop facilitator, helping people to live simpler, yet richer, more contented lives. Pierre is the author of international bestseller The Gentle Art of Blessing. Online: [Facebook](https://www.facebook.com/ppradervand/), [Author Website](https://gentleartofblessing.org/), [Blog](http://gentleartofblessing.com/), [Twitter](http://www.twitter.com/#!/PPradervand)  **Previous Titles** The Gentle Art Blessing (9781582702421) Simon and Schuster, 2009. WINNER of the 2010 Gold Nautilus Book Award for Spirituality. Messages of Life from Death Row (9781439235607) Booksurge Publishing, 1999.  **Endorsements** *Anyone working to heal personal, societal, world situations, no matter what religious or spiritual path they follow, will benefit immensely from Pierre’s compilation of blessings. There is so much that needs healing in our world, and this is a book that will touch many because it speaks to the heart and gently reminds us of our oneness with the Divine.* ***Fr. Richard Rohr, author and Founder of the Center for Action and Contemplation, Albuquerque, NM***  **Promotional Plans** Facebook, author page and the Gentle Art of Blessing page, newsletters, interviews, articles, reviews on blogs as well as guest posts by author. Podcast interviews. Attendance and speaking engagements at summits and conferences.  **USP** A nondenominational and multicultural book from the author of the bestselling The Gentle Art of Blessing, this book is designed to help the spiritual reader create positive changes both in their own life and on a wider scale.  **Competing Books** The Gentle Art of Blessing 9781582702421, by Pierre Pradervand Simon & Schuster, 2009  **Categories** BODY, MIND & SPIRIT (General)(OCC019000) -> Inspiration & Personal Growth(OCC019000) SELF-HELP (General)(SEL032000) -> Spiritual(SEL032000) BODY, MIND & SPIRIT (General)(OCC014000) -> New Thought(OCC014000) |  | **Publication Date** June 2018  **Paperback** ISBN: 978-1-78535-729-9 $23.95  |  £14.99 8.5x5.5 inches | 216x140 mm 352PP  **e-book** ISBN: 978-1-78535-730-5 $11.99  |  £6.99  **Library of Congress** 2017940724 |
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