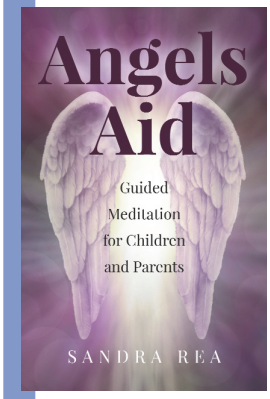
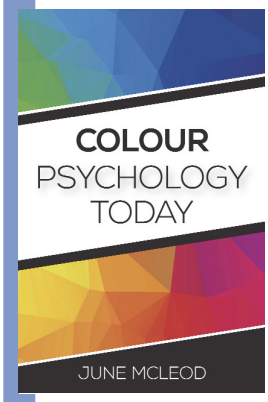
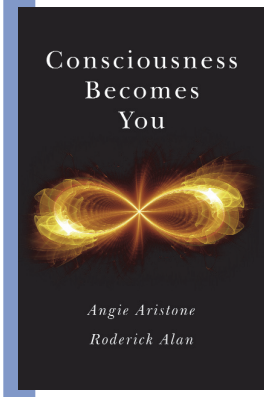


New Mind Body Spirit titles from John Hunt Publishing September-December 2016

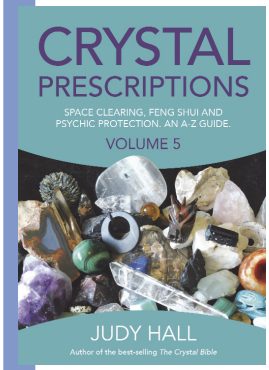
Angels Aid; *Guided Meditation for Children and Parents*
Sandra Rea
A gentle introduction to meditation with the Angels, to help promote calm, balance and greater well-being in your child.
This book provides a beautiful introduction to the power of meditation and the life-changing energy of the angelic realm.
Woman's Way
O-Books:-December, BMS/ANGELS, Pb 9781785355189, $16.95/£9.99, 136pp. Ebk-9781785355196, $5.99/£3.99.-



Colour Psychology Today
June Mcleod
Pioneering research on how colour psychology impacts on the business world and the individual, borne out of the author's extensive work as a consultant and trainer that spans more than thirty years.
The most popular, inspiring and creative colour course in the marketplace. **Light**
O-Books December, DESIGN/GRAPHIC ARTS, Pb 9781785353048, $21.95/£12.99, 296pp. Ebk-9781785353055, $7.99/£4.99.

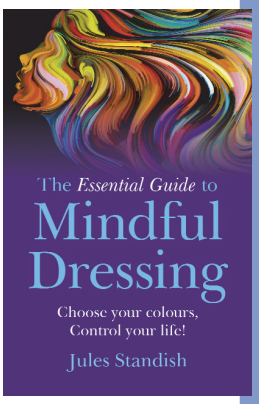


Consciousness Becomes You
Angie Aristone **and** Roderick Alan
The authors share personal stories and scientific research to explain that part of our minds, the connected mind, is connected to everyone and everything.
This book reminds us that the limits of our reality are the limits of our imagination. **Alnoor Lada** *(therules.org)*
6th Books December, BMS/PARAPSYCHOLOGY/ESP, Pb 9781785351334, $25.95/£15.99, 256pp Ebk-9781785351341, $9.99/£6.99.

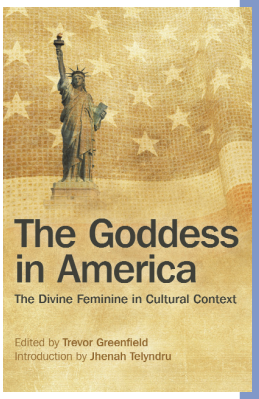


Crystal Prescriptions volume 5; *Space Clearing, Feng Shui and Psychic Protection; An A-Z guide*
Crystal advice for creating a safe space for everyday living, protecting your home, clearing curses, strengthening your aura, crafting amulets.
Judy Hall is truly a master of her subject.
Paradigm Shift
O-Books December, BMS/CRYSTALS, Pb 9781785354571, $19.95/£12.99, 360pp. Ebk-9781785354588, $7.99/£4.99.

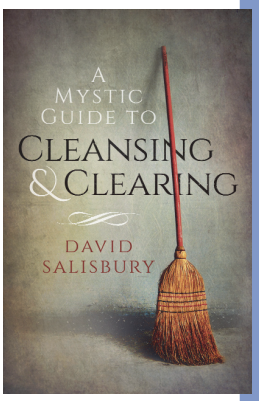
The Essential Guide to Mindful Dressing *Choose Your Colours- Control Your Life!*
Jules Standish
This book reveals the secrets of how colors can enable you to radiate with happiness and well-being, and achieve calm in a frantic world.
Her knowledge about the subject is amazing. Everyone needs to know the impact of color **Chrissy B, TV-**
O-Books December, SELF HELP/FASHION, Pb 9781785354922, $16.95/£10.99, 196pp Ebk-9781785354939, $5.99/£3.99.



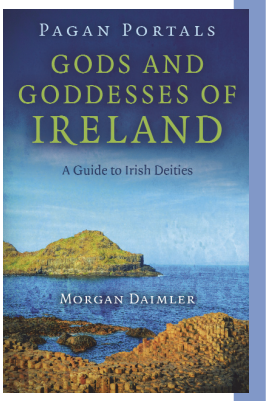
The Goddess in America *The Divine Feminine in Cultural Context*
Trevor Greenfield (ed.)
An anthology with contributions from nineteen prominent writers, *The Goddess in America* identifies the enduring experience of Goddess Spirituality in contemporary America.
An exciting look at the many faces of Goddess in America, from the indigenous to the imported, to the "rewritten" goddesses. **Jeri Studebaker**
Moon Books October, BMS/GODDESS, Pb 9781782799252, $16.95/£10.99, 216pp. Ebk-9781782799245, $2.99/£2.99.

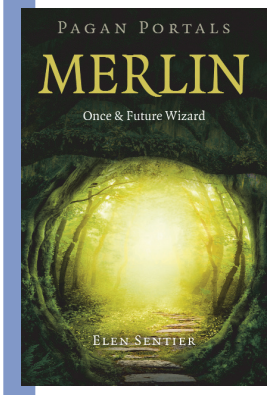


A Mystic Guide to Cleansing and Clearing
David Salisbury
These teachings from the Western magickal traditions will arm you with the tools necessary to clear your space, cleanse your body, cast out negative entities, and clear the slate for a fresh start.
Salisbury is a real witch who blends the old and the new in a way that makes this work a true triumph of the modern arts. **Devin Hunter**
Moon Books September, RELIGION/PAGANISM, Pb 9781782796237, $15.95/£9.99, 160pp. Ebk-9781782796220, $5.99/£3.99.



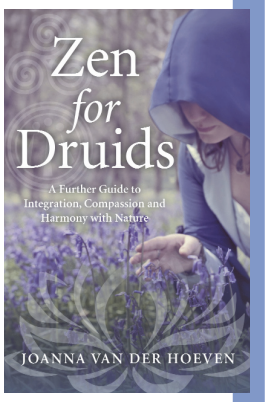
Pagan Portals- Gods and Goddesses of Ireland
Morgan Daimler
This short introductory text looks at a variety of different Irish deities, common and obscure, from their ancient roots to the modern practices associated with honouring them-
Morgan Daimler is my "go to" guide for anything in regard to Irish paganism.
Rachel Patterson
Moon Books December, RELIGION/PAGANISM, Pb 9781782793151, $9.95/£5.99, 110pp. Ebk-9781785354502, $3.99/£2.99



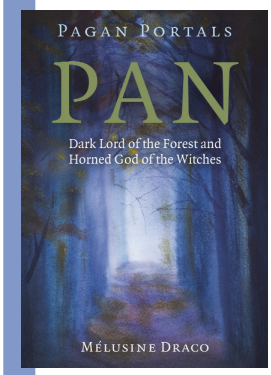


Pagan Portals-Merlin: Once and Future Wizard
Elen Sentier
Bestselling author looks at Merlin in history and mythology and considers his continuing relevance for people today.
A grand and imaginative work that introduces the reader to the many faces of the mysterious Merlin. **Morgan Daimler**
Moon Books December, RELIGION/PAGANISM, Pb 9781785354533, $9.95/£5.99, 116pp. Ebk-9781785354540, $3.99/£2.99.

Zen for Druids Joanna van der Hoeven
The teachings of Zen Buddhism combined with the earth-based tradition of Druidry can create a holistic way of life that is deeply integrated with the seasons, the environment and the present moment.
Moon Books October, RELIGION/PAGANISM, Pb 9781785354427, $14.95/£8.99, 156pp. Ebk-9781785354434, $5.99/£3.99

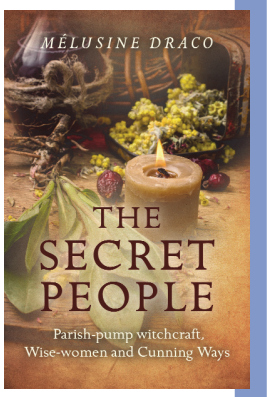


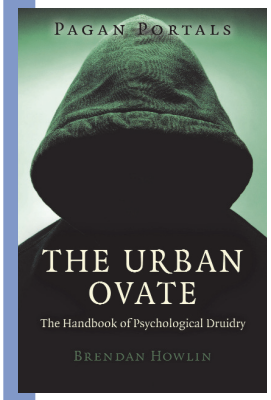
Further titles to be published in September-December 2016



Pagan Portals-Pan
Melusine Draco
Historical, mythological and magical insight into the god Pan.
Filled with pleasing seeds and roots that she has collected from obscure corners of the mythological and literary forest. **Alan Richardson**
Moon Books November, RELIGION/PAGANISM, Pb 9781785355127, $9.95/£5.99, 106pp. Ebk-9781785355134, $3.99/£2.99.

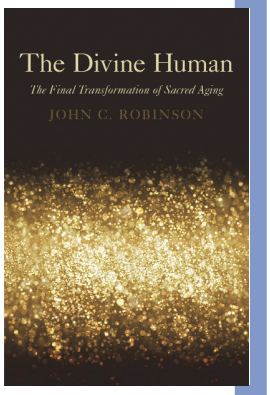
The Secret People
Melusine Draco
A remembrance of times past and a preservation of "parish-pump witchcraft, wise women and cunning ways", adapted for use in the 21st century.
Moon Books September, RELIGION/PAGANISM, Pb 9781785354441, $22.95/£13.99, 256pp. Ebk-9781785354458, $9.99/£6.99

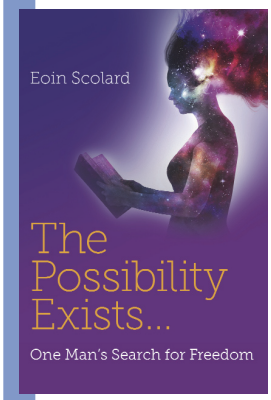




Pagan Portals-The Urban Ovate
Brendan Howlin
Presents Druidry in an easy-to-understand way, moving deeper into the life of an urban ovate.
A clear, sensible and intensely personal book, based on extensive individual experience. **Ronald Hutton**
Moon Books December, RELIGION/PAGANISM, Pb 9781780998978, $9.95/£5.99, 86pp. Ebk-9781780998985, $3.99/£2.99

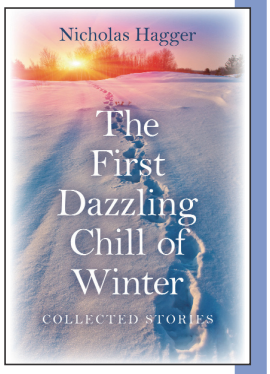
The Divine Human the Final Transformation of Sacred Aging
John Robinson
Sacred aging and the achievement of humanity's highest expression of love and purpose.
O-Books September, RELIGION/MYSTICISM, Pb 9781780992365, $15.95/£9.99, 156pp. Ebk-9781780993355, $5.99/£3.99

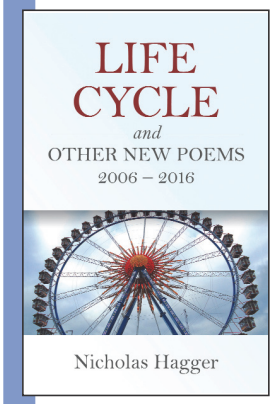




The Possibility Exists *One Man's Search for Freedom*
Eoin Scolard
A practical and humorous look at how a man's concept of self was broken open, and how he learned profound spiritual and philosophical concepts from unlikely sources.
O-Books December, SELF HELP/SPIRITUAL, Pb 9781785355240, $24.95/£14.99, 256pp. Ebk-9781785355257, $9.99/£6.99

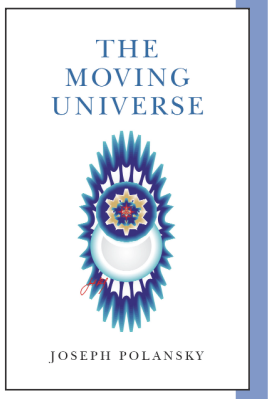
The First Dazzling Chill of Winter
Nicholas Hagger
A sixth volume of stories about Philip Rawley, the treatment of whose fortunes began in the early 1960s.
O-Books November, FICTION/SHORT STORIES, Pb 9781846945816, $32.95/£20.99, 440pp. 9x6 inches/230x150mm. Ebk-9781780997117, $9.99/£6.99

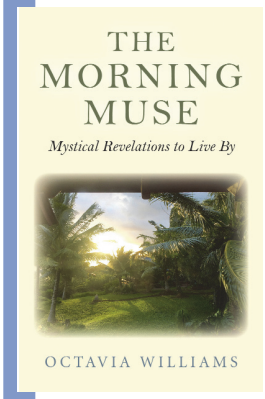




Life Cycle and Other Poems 2006-2016
New poems by a Universalist on the human path and condition, scientific understanding of the universe, Europe and body-spirit.
O-Books November, POETRY/EUROPEAN, Pb 9781846945809, $29.95/£19.99, 406pp, 9x6 inches/230x150mm. Ebk-9781780997278, $9.99/£6.99

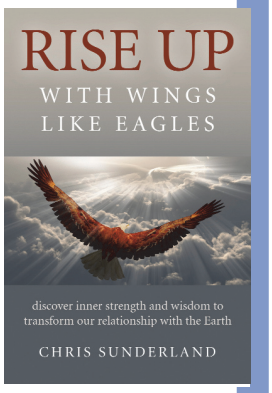
The Moving Universe
Joseph Polansky
The only book on astrological transits that coves the spiritual as well as mundane interpretations.
Dodona Books December, BMS/ASTROLOGY, Pb 9781780991955, $34.95/£19.99, 412pp. Ebk-9781780991962, $9.99/£6.99

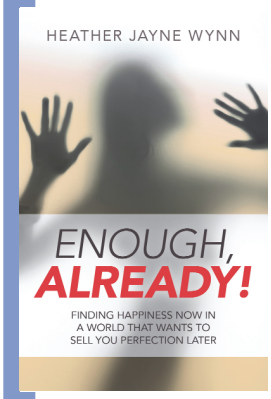




The Morning Muse *Mystical Revelations to Live By*
Octavia Williams
This book of spiritual guidance and inspiration invites the serious seeker to discover not only their divinity, but the Master within.
O-Books November, BMS/INSPIRATION, Pb 9781785354847, $22.95/£13.99, 270pp. Ebk-9781785354854 $9.99/£6.99

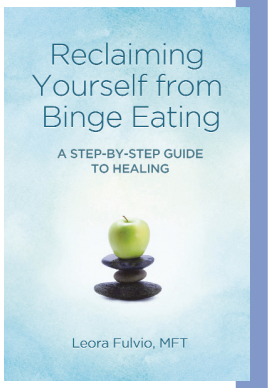
Rise Up-With Wings Like Eagles
Chris Sunderland
Discover inner strength and wisdom to transform our relationship with the Earth.
Earth Books December, BMS/NEW THOUGHT, Pb 9781785354649, $24.95/£14.99, 240pp. Ebk-9781785354656, $8.99/£5.99

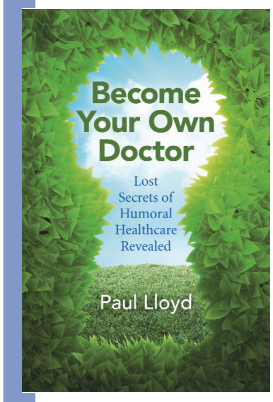




Enough, Already! Finding Happiness Now in a World That Wants to Sell You Perfection Later
Heather Jayne Wynn
Finally take back control of your self-esteem and cancel your membership to the yo-yo diet club forever.
Changemakers Books September, SELF HELP/MOTIVATIONAL, Pb 9781785353086, $19.95/£11.99, 216pp. Ebk-9781785353093, $7.99/£4.99

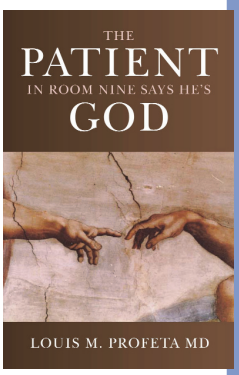
Some bestselling backlist
Reclaiming Yourself from Binge Eating
A Step-by-step Guide to Healing
Leora Fulvio-
Heal the underlying issues that lead to your binge eating when you implement this complete mind, body and spirit approach.
Wonderful…readable, engaging and eye-opening. **Joanna Poppink**
Ayni Books HEALTH & FITNESS/WOMEN, Pb 9781780996806, $26.95/£15.99, 340pp. Ebk-9781780996813, $15.99/£9.99

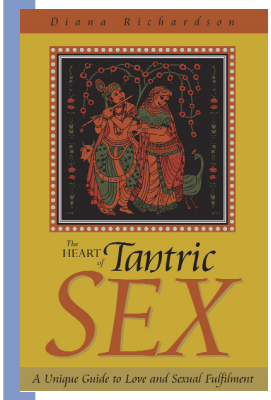




Become Your Own Doctor *Lost secrets of Humoral Healthcare Revealed*
Paul Lloyd
An informative book on diet, nutrition, and how to make simple medicines the humoral way.
Ayni Books October, MEDICAL/ALT & COMP MEDICINE, Pb 9781785353901, $17.99/£10.99, 160pp. Ebk-9781785353918, $5.99/£3.99

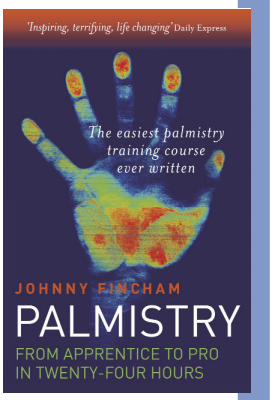
The Patient in Room Nine says He's God
Dr Louis M Profeta
The search for a conscience in medicine, where doctors tend to keep their faith and their feelings hidden. Louis Profeta's articles on LinkedIn have gone viral, with over one million views.
Dr Profeta has constructed an outstanding work here that maintains an instructive vision and calming spirit. **Writers Digest**
Ayni Books: BMS/HEALING, Pb 9781846943546, $19.95/£10.99, 150pp. Ebk-9781780997360, $11.99/£6.99

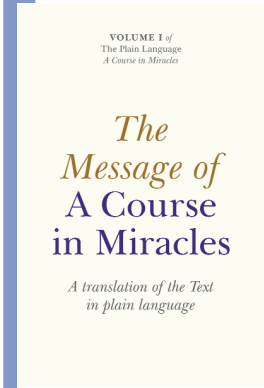




The Heart of Tantric Sex
Diana Richardson
Tantra adapted for modern Western lovers in a practical, sympathetic way. *One of the most revolutionary books on sexuality ever written.* **Ruth Ostrow, journalist, News Ltd**.
O-Books SELF HELP/SEXUAL INSTRUCTION, Pb 9781903816370, $19.95/£9.99, 256pp. Ebk-9781846946370, $14.99/£7.99

Palmistry: From Apprentice to Pro in 24 Hours *The Easiest Palmistry Course Ever Written*
Britain's leading palmist. **Daily Mail**
Johnny Fincham lives in Norfolk, UK.
Dodona Books: BMS/DIVINATION, Pb 9781846940477, $16.95/£90.99, 240pp. Ebk-9781846946448, $9.99/£5.99
*Publication is always on the last Friday of the month.
*Format is 8.5x5.5 inches/216x140mm unless otherwise stated.





Message of a Course in Miracles
A translation of the text in plain language.
Elizabeth A Cronkhite
For anyone seeking inner peace. *MACIM is a required tool for every A Course in Miracles Student!* **Pamela Silberman**
O-Books: BMS/INSPIRATION, Pb-9781846943195, $44.95/£29.99, 774 pages, 8.5x5.5 inches/216x140mm. Ebk-9781846946424, $9.99/£6.99

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	978-1-78535-308-6	Enough, Already!	Wynn	£11.99	$19.95
	978-1-78279-925-2	Goddess in America, The	Greenfield	£10.99	$16.95
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	978-1-78535-512-7	Pagan Portals - Pan	Draco	£5.99	$9.95
	978-1-84694-581-6	First Dazzling Chill of Winter, The	Hagger	£20.99	$32.95
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	978-1-78535-492-2	Essential Guide to Mindful Dressing, The	Standish	£10.99	$16.95
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