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| John Hunt Publishing - **Changemakers Books** - announces the new title | | |
| **Dedicated to Destiny** A Pursuit of Personal Growth, Prosperity & Purpose  Angel Carlton  **How to navigate the 6 stages of transformation and live your destined life.** Studies show that change is doubling each year and how we adapt to change will have a direct impact on our lives and the world. As the world transforms, so do we. The time is now for us all to live the happiest, healthiest and truest version of ourselves. In Dedicated to Destiny, leadership coach, Angel Carlton provides strategies of self-discovery in six stages. These provide the “how-to” for seekers of a more fulfilling life to get where they want to be. The six stages of transformation are Realize, Release, Rebound, Reinvent, Resurrect and Respond. Awareness of these stages allows readers to understand where they have been, where they are now, and where they are heading. The six stages provide a fresh outlook on life while helping clear the clutter that prevents many people from achieving greatness.  **Author Bio** Angel Carlton is a former professional NBA cheerleader, an advocate for human spiritual intelligence and is the Founder of Power Up People! Inc., a professional training and leadership development organization. A seasoned public speaker with 20 years of expertise, Angel has assisted champions in business, youth and family arenas. Her experience has inspired worthwhile change in educational and corporate cultures. She lives in Dallas, Texas. Online: [Facebook](https://www.facebook.com/PowerUpPeople?fref=ts), [Author Website](http://www.angelcarlton.com/), [Blog](https://poweruppeople.org), [Twitter](http://www.twitter.com/#!/https://twitter.com/AngelCarlton)  **Previous Titles** Staying Afloat During Tides of Change; How to Navigate the Six Stages of Transformation (9781539712794), Createspace, 2016.  **Endorsements** *I really think this could help me become the person that I know is inside me. I believe a system like this could really help me with the end result of building a great treasure that I can share with others. Going from mediocrity to excellence.* ***John Burzawa***  **Promotional Plans** Author's network of leadership training colleagues and trainees, and the 5,000 subscribers of The Conscious Community magazine. Promotion on the Scott Murray Radio Show 'Leaders, Legends & Legacies'. Interviews for radio and magazines. 40,000+ Pocket Guru Twitter followers. Changemakers Books social media. Training program especially for readers. Webinars & Educational video series. Seminars/live events.  **USP** Self-help meets leadership development in this practical guide to life transformation.  **Competing Books** Entering the Castle 9780743255332, by Carylyn Myss Atria Books, 2008  **Categories** SELF-HELP (General)(SEL027000) -> Personal Growth (General)(SEL027000) -> Success(SEL027000) BUSINESS & ECONOMICS (General)(BUS071000) -> Leadership(BUS071000) SELF-HELP (General)(SEL011000) -> Mood Disorders (General)(SEL011000) -> Depression(SEL011000) |  | **Publication Date** April 2019  **Paperback** ISBN: 978-1-78535-237-9 $14.95  |  £8.99 8.5x5.5 inches | 216x140 mm 128PP  **e-book** ISBN: 978-1-78535-238-6 $6.99  |  £3.99  **Library of Congress** 2018943953 |
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