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| John Hunt Publishing - **Moon Books** - announces the new title | | |
| **Numerology** dancing the spirals of time  Elen Sentier  Numerology: Dancing the Spirals of Time is a book for people interested in how to work with numbers. The ways of working come from the author's experience as a Transpersonal Psychotherapist as well as from her lifelong work as a British shaman. The method involves finding your own way through the numbers and finding your own answers, rather than simply learning by heart what someone else has written.  *'A fascinating and enjoyable read revealing the mysteries of numbers to the uninitiated.'* ***Brendan Howlin, author of The Handbook of Urban Druidry and The Urban Ovate***  **Author Bio** Elen Sentier is the author of magical-realism mystery novels. She has also published numerous bestselling books on British native shamanism. Elen worked as a systems analyst for the Ministry of Defence, is a transpersonal psychotherapist, danced for Arlene Philips, and was once kissed by Mick Jagger. She now lives in the wild Welsh Marches, Herefordshire. Online: [Facebook](https://www.facebook.com/elensentier.writer.page), [Author Website](http://www.elensentier.co.uk), [Blog](http://elensentier.co.uk/), [Twitter](http://www.twitter.com/#!/@elensentier)  **Previous Titles** Pagan Portals - Merlin: Once and Future Wizard (9781785354533), Moon Books, 2016. Gardening with the Moon & Stars (9781782799849, Moon Books, 2015. Shaman Pathways - Trees of the Goddess (9781782793328), Moon Books, 2014. Shaman Pathways - Elen of the Ways (9781780995595), Moon Books, 2013.  **Endorsements** *Dig into the ways the patterns of time affect you via your conception and birth dates… into the connections between given and chosen names and the direction of your life path. What goes around, comes around, so let Elen Sentier take you on a journey of discovery through the spiralling mysteries of the numbers.* ***Laura Perry, author of Ariadne's Thread***  **Promotional Plans** Push title to MBS shops which consistently sell Moon Books titles. Articles in MBS magazines, blog posts for the Moon Books blog. Moon Books YouTube channel, also share to Facebook. Source key reviews. Author to run workshops and speak at shamanism/MBS festivals and events.  **USP** Accessible and practical guide to Numerology. Unique in its combined approach from the perspectives of transpersonal psychology and shamanic working.  **Competing Books** Your Soul Contract Decoded 9781780285320, by Nicolas David Ngan Watkins Publishing, 2013  **Categories** BODY, MIND & SPIRIT (General)(OCC015000) -> Numerology(OCC015000) BODY, MIND & SPIRIT (General)(OCC036030) -> Shamanism(OCC036030) PSYCHOLOGY (General)(PSY045030) -> Movements (General)(PSY045030) -> Transpersonal(PSY045030) |  | **Publication Date** February 2019  **Paperback** ISBN: 978-1-78279-656-5 $16.95  |  £10.99 8.5x5.5 inches | 216x140 mm 192PP  **e-book** ISBN: 978-1-78279-655-8 $7.99  |  £4.99  **Library of Congress** 2018931098 |
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